

TEST YOURSELF 1

TEST 2

I. Find the word which has a different sound in the part underlined.

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|-------------------|--------------|---------------|----------------|
| 1. A. diet | B. nutrient | C. strength | D. treatment |
| 2. A. mind | B. high-rise | C. lifestyle | D. traditional |
| 3. A. occupy | B. disposal | C. optimistic | D. population |
| 4. A. infection | B. activity | C. different | D. extended |
| 5. A. electricity | B. advanced | C. processing | D. commercial |

II. Find the word which has a different stress pattern from the others.

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|------------------|---------------|----------------|----------------|
| 1. A. yoga | B. adapt | C. effort | D. public |
| 2. A. citizen | B. dynamic | C. eliminate | D. respectful |
| 3. A. popular | B. curious | C. occasion | D. skyscraper |
| 4. A. organizer | B. populated | C. technology | D. comfortable |
| 5. A. exhibition | B. innovative | C. residential | D. pessimistic |

III. Choose the word which is closest in meaning to the underlined word of the following sentences.

- Children often get vaccinated in order to be immune to fatal diseases.
A. allowed B. resistant C. vulnerable D. susceptible
- You should weigh up the pros and cons of the multi-generational living.
A. advantages B. disadvantages C. difficulties D. obstacles
- Life expectancy for both men and women has improved greatly in the past twenty years.
A. Health B. Happiness C. Lifestyle D. Longevity
- A smart city has the potential to dramatically improve the current level of transportation throughout a city.
A. muscle B. power C. situation D. possibility
- I believe the government will use advanced technology to build faster trains and make people's life more comfortable.
A. latest B. modern C. public D. expensive

IV. Choose the word which is opposite in meaning to the underlined word of the following sentences.

- He admired the simple lifestyle of the islanders.
A. plain B. easy C. painless D. complex
- I found a website advertising an effective way to lose weight in one month.
A. gain B. drop C. remain D. maintain
- Cities that were once detached and inaccessible are now intelligent and highly connected.
A. unfriendly B. isolated C. accessible D. unreachable
- You need to do some warm-up exercise such as stretching before you start your yoga practice.
A. declining B. shrinking C. recycling D. protecting
- The waste disposal system here is also innovative. There are no rubbish trucks or waste bins in the street.
A. old B. new C. creative D. unfamiliar

V. Choose the best option A, B, C, or D to complete the sentences.

- I expect my parents not to be too _____ with me.
A. strict B. strictly C. easily D. seriously
- The idea of smart cities _____ in the 21st century.
A. started B. has started C. starts D. is starting
- If you want to maintain a healthy weight, you _____ have snacks between meals.
A. must B. don't have to C. should D. shouldn't

4. Doctors are trying out a new treatment _____ depression.
A. with B. to C. about D. for
5. She _____ finish her English essay, so she can't go out with us.
A. has to B. had to C. doesn't have to D. should
6. Local authorities should find ways to limit the use of private cars and encourage city _____ to use public transport.
A. planners B. dwellers C. customers D. commuters
7. The government should _____ the infrastructure of big cities to boost the economy.
A. improving B. improved C. improve D. improvement
8. Nam looks so _____. What's the matter with him?
A. angrily B. happily C. friendly D. angry
9. I _____ Disneyland Paris with my friends last weekend.
A. visit B. is visiting C. visited D. has visited
10. Cities in poorer countries often lack basic _____. Without it, they are unable to function properly as cities.
A. condition B. structure C. infrastructure D. construction

VI. Fill each of the numbered blanks in the following passage with the most suitable word.

Peter (1) _____ a car. It is very luxurious and (2) _____. He often (3) _____ his car to work. However, he goes to work (4) _____ bus today. His car (5) _____ some trouble. He is very sad to leave the (6) _____ in the garage to be fixed. The mechanic said it took some days (7) _____ it. Therefore, he (8) _____ take the bus to work these days.

1. A. has B. does C. is D. have
2. A. comfort B. comforted C. comfortable D. comfortably
3. A. drive B. drives C. drove D. driving
4. A. on B. in C. with D. by
5. A. had B. has C. is having D. has had
6. A. car B. bus C. it D. they
7. A. fix B. to fix C. fixing D. fixed
8. A. has to B. doesn't have to C. should D. shouldn't

VII. Read the passage and choose the correct answer A, B, C, or D to each question.

City dwellers know the value of green space. Residents of Tokyo seek out Ueno Park for rest, relaxation, and recreation. On a visit to the park complete with ancient buildings, trees and flowers, they can get away from the hustle and bustle of the busy city. In New York City, tourists and locals alike make use of Central Park. Four kilometers long and nearly a kilometer wide, the park offers meadows, playing fields, and trails for walking, running, or biking. Around the world, cities have begun to preserve or **extend** their green space - a good thing because recent research indicates just how important nature is to our mental health.

Overall, nature seems to have positive effects on people's emotions and thinking. It helps calm and focus the mind. And, being exposed to nature has been shown to reduce negative emotions like frustration and stress.

In addition to the calming effect of nature, it seems to have the ability to help people focus. One reason may be that there is much less visual input, or things to pay attention to, in nature. When you walk down a city street, paying attention can be a **laborious** process. There are so many things competing for your attention all at once: traffic lights, honking cars, taxis picking up passengers, and the wail of police and ambulance sirens. You're constantly focusing on one thing, and then the next, trying to decide what you really need to pay attention to. In a related study at the University of Michigan, students were tested in one of two situations: walking through a park or walking down a busy city street. Those who had walked through the park had better moods and did better on a test of attention and working memory than those who had walked through the city.

Research is helping us understand the reasons why parks appeal to city residents so much. Policymakers and city planners should pay attention. Parks are not just pretty - they reduce stress, frustration, and violence. **They** help people focus and remember better. Not only are individuals happier and calmer, but cities as a whole may function better.

- Which can best serve as the title for the passage?
 A. The Busy Life of Cities
 B. Green Space and Rural Life
 C. The Power of Urban Nature
 D. Nature and Its Effects on Students
- The word "**extend**" in paragraph 1 is closest in meaning to _____.
 A. reduce
 B. examine
 C. keep quieter
 D. make wider
- Which of the following is NOT mentioned as a positive effect of nature?
 A. It reduces noise from traffic.
 B. It reduces frustration and stress.
 C. It makes people feel calm.
 D. It helps people focus better.
- The word "**laborious**" in paragraph 3 most probably means _____.
 A. simple
 B. tough
 C. pleasant
 D. mindless
- Which of the following is true according to the passage?
 A. In the city, there are far fewer things and it is harder to focus.
 B. Policymakers and city planners should know that parks are not pretty.
 C. When in the city, you shouldn't pay much attention to the things around.
 D. Spending time in nature can improve our thinking and our emotional health.
- The word "**They**" in paragraph 4 refers to _____.
 A. Parks
 B. Reasons
 C. Planners
 D. Residents

VIII. Choose the correct responses.

- Let me drive you home.
 A. No problem.
 B. I have no doubt about it.
 C. Sorry, I can't.
 D. Don't worry. I'm all right.
- Could I speak to Mary?
 A. Wait a minute. I'm coming.
 B. Just a moment. I will call Mary.
 C. I'm sorry but I'm busy.
 D. Of course, I can help Mary now.
- Are you sure he will attend the meeting tomorrow?
 A. Sure, I'll do it for now.
 B. I'm not sure because he is still ill today.
 C. I think that's a bit unfair.
 D. Not at all.
- Will city dwellers use renewable energy free of charge in ten years?
 A. Maybe but I'm not certain.
 B. You can say that again.
 C. No, we can't take it.
 D. No, I wouldn't mind.
- Are there any ways to avoid arguments in the family?
 A. Children needn't to ask their parents' permission.
 B. Yes, there are lots of quarrels in the family.
 C. We should set the family rules.
 D. I love my family very much.
- Can you see any benefits of regular exercise?
 A. It helps to reduce cholesterol level.
 B. I like swimming.
 C. Of course. There are lots of benefits of doing yoga.
 D. I have a 30-minute walk a day.

IX. Circle the underlined part A, B, C, or D that needs correction.

- This plan can't be carried out because of the widespread public disapprove.
 A B C D
- It is not fashion to wear these trousers at the moment.
 A B C D

3. All students should wear uniforms at school because it is a rule.
A B C D
4. John is wanting to be an electrical engineer when he grows up.
A B C D
5. We should eat healthy food and exercise regular.
A B C D
6. I'm certain that the teacher will punish you for the drawings you done on the walls.
A B C D