

Stressful jobs are common in every corner of the globe. Some professions consistently rank as particularly demanding due to high stakes, long hours, and intense pressures. Here are a few examples:

Firstly, healthcare professionals, such as doctors and nurses, face immense stress daily. They make life-saving decisions and often work long shifts, sometimes under resource-limited conditions. The responsibility for patients' well-being can be very weighty.

Secondly, firefighters and police officers deal with stress inherent to their roles in public safety. They must quickly respond to emergencies, which often involve danger and uncertainty, making their jobs both physically and emotionally demanding.

Air traffic controllers also experience high levels of job stress. They are responsible for the safety of thousands of passengers by directing airplanes during takeoff, landing, and in the air. Precision and constant alertness are crucial, with no room for error.

Each of these careers involves significant stress due to the high level of responsibility and the need for constant vigilance and quick decision-making.

Questions:

1. What is a common characteristic of stressful jobs around the world?

- **a) They require travel.**
- **b) They involve high responsibility and pressure.**
- **c) They offer high salaries.**

2. Which professionals are mentioned as making life-saving decisions?

- **a) Firefighters**
- **b) Healthcare professionals**
- **c) Air traffic controllers**

3. What kind of shifts do healthcare professionals often work?

- **a) Flexible shifts**
- **b) Long shifts**
- **c) Night shifts**

4. Why are jobs like firefighters and police officers considered stressful?

- **a) They involve routine tasks.**
- **b) They deal with public safety emergencies.**
- **c) They require working indoors.**

5. What is required of air traffic controllers?

- **a) Precision and alertness**
- **b) Physical strength**
- **c) Ability to work alone**

6. Which aspect of the jobs mentioned affects the stress level?

- *a) The need for teamwork*
- *b) The high level of responsibility*
- *c) The location of the job*

7. What do all the mentioned jobs have in common regarding the demand on the worker?

- *a) Constant vigilance and quick decision-making*
- *b) Working in shifts*
- *c) Handling paperwork*