

Name: .....  
Date: .../.../20...  
Class: S7  
Tel: 034 200 9294



Reading and Use of English: .....  
Listening: .....  
Mini Test: .....

### SPEAKING PRACTICE

**Lưu ý:** Các từ vựng mở rộng thầy cô cho ghi trong vở (nếu có) và các từ vựng mở rộng trong phiếu để có chủ thích nghĩa: Con về nhà chép mỗi từ 1 dòng để ghi nhớ nhé.

### CAMBRIDGE VOCABULARY

No.	New words	Meanings	No.	New words	Meanings
1	<b>select</b> (v)	lựa chọn	8	<b>thriller</b> (n)	phim kinh dị, giật gân
2	<b>compete</b> (v)	cạnh tranh, thi đấu	9	<b>biography</b> (n)	tiểu sử
3	<b>middle-distance</b> (adj)	khoảng cách tầm trung	10	<b>vegetarian</b> (adj)	(đồ ăn) chay, không chứa thịt và cá/ ăn chay
4	<b>maximum</b> (adj)	tối đa	11	<b>communication</b> (n)	giao tiếp
5	<b>motivated</b> (adj)	có động lực	12	<b>properly</b> (adv)	đúng cách
6	<b>suppose</b> (v)	giả định, giả sử	13	<b>value</b> (n)	giá trị
7	<b>necessarily</b> (adv)	nhất thiết			

\*Note: n = noun: danh từ; v = verb: động từ; adj = adjective: tính từ;  
adv = adverb: trạng từ

\*Con học thuộc nghĩa của từ, chỉnh phát âm theo từ điển và chép mỗi từ 1 dòng vào vở ghi.

**Lưu ý:**

1. Khi làm bài tập có từ mới, các con phải tra từ điển. Sau khi tra từ điển, các con chép mỗi từ mới **1 dòng** để ghi nhớ.
2. Các con gạch chân các từ khoá chính trong bài đọc.

## Part 3

For each question, choose the correct answer.

**11 Why did the writer join an athletics club?**

- A Because she enjoyed taking part in sports.
- B Because she thought she should get more exercise.
- C Because she wanted to become an athletics coach.
- D Because she wanted to become a professional long jumper.

**12 What does the writer say about 800-metre running?**

- A You have to know when to run fastest.
- B It's harder than running in the 100 metres.
- C It's more important to be quick than strong.
- D You need to forget everything and just run.

13 What does the writer say about competing in races now?

- A It always makes her feel scared.
- B It feels good to be in front during the race.
- C It's helped her to develop new skills.
- D She enjoys people watching her race.

14 What does the writer say about the food she eats?

- A If she eats a lot, she can run faster.
- B Eating plenty of food helps her to sleep better.
- C She eats the same kind of things as other people.
- D She would like to eat different types of food.

15 Which best describes the writer?

A

A young athlete who trains hard and hopes to be selected for the Olympics in the future.

B

A girl who was good at the long jump and likes running, but who doesn't see herself becoming an international athlete.

C

A girl who is a keen athlete, but doesn't like running in front of a crowd and who finds the training very boring.

D

A keen athlete who finds it enjoyable to practise with other people and compete as part of a team.

# Kirsty Wade, young athlete

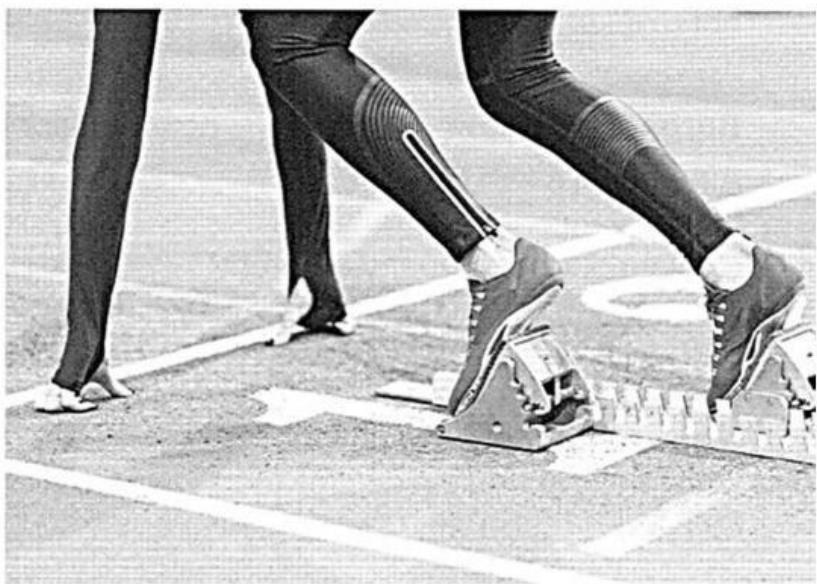
I've always been keen on sport and very fit so a few years ago I decided to join my local athletics club. In the beginning I put all my effort into the long jump because it was my best event, but the coach encouraged me to try different things.

I ended up as a middle-distance runner, which means I don't run the short distances like 100 metres, or long cross-country races, but the in-between ones like 800 metres. It's an interesting type of running because you have to mix speed with strength. You also have to think a lot about how you race, and choose the right moment to run at your maximum speed. You need to do quite a lot of regular training when you first start and it helps if you have a good coach who can keep you motivated and teach you the basics.

I take part in some quite major competitions now, but I still remember my first race. I was so nervous before it started. And when it finished, I could still feel my hands shaking. It was a great race and I came second so I was very pleased. Since then I've learned to stay calm before and during races. I do a lot of breathing exercises that help me stay focused and relaxed. Competing has really helped me to trust in my own abilities. And now I find that I love running in front of a crowd – I suppose it's a sort of performance.

One thing I don't enjoy so much is how hard you have to work to stay fit and strong enough to race, although it helps that I often train with others. I try to eat and sleep well, but I don't have a special diet. Mostly it's a case of getting plenty of variety and eating more of everything because I'm so active.

I sometimes watch Olympic athletes on TV and imagine myself in their position. It must be a fantastic experience, but at the moment I don't feel that is necessarily where I'm aiming. I think you have to give up so much if you want to reach that level.



## Part 4

For questions 25–30, complete the second sentence so that it has a similar meaning to the first sentence, using the word given. **Do not change the word given.** You must use between **two** and **five** words, including the word given. Here is an example (0).

**Example:**

0 I'll be very happy when I go on holiday.

**FORWARD**

I'm ..... on holiday.

The gap can be filled by the words 'looking forward to going' so you write:

**Example:** 0 **LOOKING FORWARD TO GOING**

Write only the missing words **IN CAPITAL LETTERS** on the separate answer sheet.

25 Richard asked me how much I had paid for the theatre tickets.

**COST**

Richard wanted to ..... the theatre tickets.

26 It wasn't a good idea for you to delete that file.

**SHOULD**

You ..... that file.

27 The ferry couldn't sail because the weather was bad.

**DUE**

The ferry couldn't sail ..... weather.

28 The teacher told us not to be late on Friday.

**BETTER**

'You ..... late on Friday,' the teacher said.

29 There are Spanish and French translations of the book.

**BEEN**

The book ..... into Spanish and French.

30 She will only phone if she gets lost.

**UNLESS**

She will ..... lost.

Con hãy làm bài nghe theo link sau:

<https://youtu.be/OgJqx-Cmf40>

### Part 3

25 For each question, write the correct answer in the gap. Write **one or two words** or a **number or a date or a time**.

You will hear a recorded message giving information about a museum.

## DORSET CHOCOLATE MUSEUM

### Displays

Exhibition showing the 14 \_\_\_\_\_ of chocolate production

See how chocolates and 15 \_\_\_\_\_ are made

### Opening times

12.00 midday – 6.00 p.m.

July and August 12.00 midday – 8.00 p.m.

Not open in 16 \_\_\_\_\_

### Prices

Adults: ten pounds

Students: 17 \_\_\_\_\_ pounds

### Group visits

Discounts available for groups of at least 18 \_\_\_\_\_ visitors

Free 19 \_\_\_\_\_ of chocolates

**I. Write the correct English meaning of the Vietnamese word or phrase**

No.	Vietnamese	English
1.	sự trực trắc, sự cố (n)	m_____
2.	tổng giám đốc (n.phr)	g_____ m_____
3.	tạo không gian cho ai/ điều gì (phr.v)	m_____ r_____ f_____
4.	qua, thông qua (pre)	v_____

**II. Rewrite the sentences into REPORTED SPEECH**

1. Suzy said: "I am going to the movies tonight."

→ Suzy said that \_\_\_\_\_.

2. They told us: "We will meet you at the park."

→ They told us that \_\_\_\_\_.

3. "What time does the movie start?" – Alice wanted to know.

→ Alice wanted to know \_\_\_\_\_.

4. "Can you please turn off the lights?" – he said.

→ He asked me \_\_\_\_\_.

**Lưu ý:** Với những từ con không nhớ và viết sai, con chép từ đó vào vở 1 dòng.

Mọi ý kiến đóng góp của phụ huynh sẽ là động lực để StarLink nâng cao chất lượng đào tạo. Mời bấm me  
quét mã ở đây để thực hiện khảo sát ạ!

