

Before watching

- 1 Work with a partner. Discuss the questions.
- 1 Do you know any twins?
 - 2 What do you think are the advantages and disadvantages of being a twin?



- 2 Complete the sentences with words from the box.

differentiate close bond identical twins swap genes diseases

- 1 They are _____ because they both developed from the same egg and they look nearly the same.
- 2 The information in our _____ controls what we're like and how we'll develop.
- 3 Such a _____ between people shows there is a real connection.
- 4 It can be difficult for teachers to _____ between two identical twins in their class.
- 5 When twins are children, they often _____ places with each other to trick their parents or their teachers.
- 6 Some people think that identical twins will suffer from the same health problems and _____.

While watching

- 3 Watch the video. Who are the sentences about: Xand (X), Chris (C), Rufaro (Ruf), Runyararo (Run), or Rachel (Rac)?
- 1 _____ and _____ go together to a summer party in London.
 - 2 _____ thinks twins have a silent way of communicating.
 - 3 _____ talks about having the same friends as his/her twin.
 - 4 _____ is studying film and visual effects.
 - 5 _____ likes to make people laugh.
 - 6 _____ and _____ both studied medicine at university.
- 4 Watch *Why are twins special?* Make notes to answer the questions.
- 1 What happens to the twins on the research programme?
 - 2 In what ways are Chris and Xand similar?
 - 3 What is the difference between 'nature' and 'nurture'?
 - 4 What do scientists hope the tests on twins can help with?

- 5 Watch *Being a twin*. Are the sentences true (✓) or false (X)? Correct the false sentences.

- 1 ☐ Rufaro is slightly younger than her sister.
- 2 ☐ At school, they took each other's places in lessons and the teachers never caught them.
- 3 ☐ Rufaro and Runyararo were very young when they started acting.
- 4 ☐ It was hard to continue with their education when they were acting in a Harry Potter film.
- 5 ☐ Rufaro is a bit more impatient than her sister Runyararo.
- 6 ☐ Rufaro says they are like best friends as well as twin sisters.

- 6 Watch *Bringing up twins*. Underline the correct option that you hear in the video.

- 1 Raising Rufaro and Runyararo was difficult because they *cried a lot / ate and slept at different times*.
- 2 When twins get older, you *spend / save* twice as much money.
- 3 When the girls were babies, there *was / wasn't* a strong bond between them.
- 4 When they aren't together, one sister often *knows what the other is doing / understands how the other is feeling*.
- 5 Rachel Mapfumo thinks she can worry less because the girls are *so close to each other / live on their own*.

After watching

- 7 Work in small groups. Discuss the questions.
- 1 What was the most interesting fact about twins that you learned from watching the video?
 - 2 Would you like to be a parent of twins? Why?/Why not?

Extension

Find information about famous twins and prepare a short presentation.

Think about similarities and differences in:

- physical appearance and character
- likes and dislikes
- what they do as part of their jobs
- what they studied

Include a photo if possible.