

Ex.1. Fill in the gaps with one of the phrases from the box in the correct form. Some phrases are extra.

in the same boat	Hit the road	To steer clear of	Go off the rails
Be on dangerous ground	Live life in the fast lane		Gain ground
Get something off the ground	on the right track		Hold/stand one's ground
Run out of steam	Go downhill	Off the beaten track	Be in the driving seat
		Down the road/line	

1. Sarah felt empowered as she found herself , making bold decisions and charting her own course.
2. With his latest project, Alex finally felt like he was , receiving praise from his colleagues and seeing progress every day.
3. We're not there yet, but , we might see some significant improvements.
4. Despite the initial setbacks, the team managed in the market with their innovative product.
5. It took months of planning and hard work, but they finally got the project and launched it to great success.
6. After the management reshuffle, the company's performance started to , causing concern among shareholders.
7. Sarah's life seemed to after the breakup, but with the support of friends, she found her footing again.
8. With everything packed, they were ready to and embark on their cross-country adventure.
9. Despite facing opposition, she and defended her beliefs with unwavering determination.
10. may bring excitement, but it often comes with its own set of challenges and risks.
11. After working tirelessly for weeks, the team began to , needing a well-deserved break to recharge.
12. Facing similar challenges, they realized they were and could support each other through tough times.
13. Bringing up the sensitive topic put them risking conflict and misunderstanding.
14. To avoid unnecessary drama, it's best to gossip and focus on more positive interactions.

Ex.2 Listen and write down the idiom which each speaker is talking about.

1.
2.
3.
4.
5.