

TEST YOURSELF 4

TEST 1

I. Find the word which has a different sound in the part underlined.

1. A. fauna	B. delta	C. affect	D. campaign
2. A. issue	B. crime	C. idea	D. survival
3. A. bullying	B. argument	C. community	D. population
4. A. progress	B. direct	C. forest	D. insect
5. A. ecosystem	B. violence	C. place	D. cyberbullying

II. Find the word which has a different stress pattern from the others.

1. A. balance	B. sunlight	C. focus	D. agree
2. A. wildlife	B. ourselves	C. decide	D. among
3. A. endanger	B. offensive	C. consequence	D. provision
4. A. material	B. persuade	C. protective	D. colourful
5. A. habitation	B. hesitation	C. essentially	D. population

III. Choose the word which is closest in meaning to the underlined word of the following sentences.

1. In a healthy relationship, both partners respect, trust and embrace each other's differences.
A. accept B. reject C. motivate D. experience
2. Examples of cyberbullying can range from insults on instant messages to photos shared without consent.
A. distant B. delayed C. slow D. quick
3. They are in a relationship but are always having a lot of arguments.
A. hating B. meeting C. dating D. in anger
4. It is not always to stand up to peer pressure, but sooner or later you need to decide what is best for you.
A. pollution B. change C. argument D. influence
5. There are more serious problems such as employment and poverty.
A. causes B. issues C. reasons D. effects

IV. Choose the word which is opposite in meaning to the underlined word of the following sentences.

1. They were criticised for having acted irresponsibly towards the environment.
A. blamed B. commended C. condemned D. denounced
2. Some scientists are accused of not having reported the effects of climate change.
A. exonerated B. blamed C. charged D. complained
3. We may not have fresh air to breathe or water to use if we damage the fine balance among all living and non-living things in the ecosystems.
A. clean B. clear C. promoted D. polluted
4. The factory owner denied having said that he should take responsibility for the damage that his factory caused to the surrounding environment.
A. refuted B. rejected C. opposed D. accepted
5. Humans can reduce the amount of pollutants released into the environment by practicing eco-friendly habits such as reducing plastic usage, proper disposal of waste, and using eco-friendly products.
A. absorbed B. destroyed C. depressed D. liberated

V. Choose the best option A, B, C, or D to complete the sentences.

1. Planting trees helps to improve air quality and _____ the earth's ecosystem.
A. support B. conflict C. endure D. undermine
2. Many campaigns have been carried out to end _____, but trees are still cut down.
A. conservation B. deforestation C. hesitation D. relationship

3. She is suffering from _____ caused by too much pressure at school.
A. depress B. depressed C. depressive D. depression

4. In the polluted environment, _____ diseases can be passed easily from one person to another.
A. infect B. infected C. infection D. infectious

5. Building self-confidence is important for preventing and dealing _____ bullying.
A. from B. for C. in D. with

6. The sky was grey and cloudy. _____, we went to the beach.
A. Therefore B. However C. Even though D. In spite of

7. _____ he is an honest person, Linda doesn't completely believe in what he says.
A. Since B. Because C. Though D. Moreover

8. _____ the weather conditions, the fire could not be constrained.
A. Because of B. As a result C. Consequently D. Although

9. Did you have a chance to do any _____ in Edinburgh, the capital of Scotland?
A. sight B. seeing C. sightsee D. sightseeing

10. We should eat properly and get enough exercise to prevent a _____.
A. heart B. attack C. heart attack D. attack heart

VI. Read the passage and choose A, B, C, or D to indicate the word or phrase that best fits each of the numbered blanks.

Every year millions of tons of oil are spilled into the ocean. (1) _____ this is only a small percentage of the total amount shipped around the world each year, this spilled oil can have terrible effects (2) _____ ocean life, including the coastlines where the oil washes up onto shore. Some of the largest spills in history have been (3) _____ by oil tankers ramming into each other or by an oil tanker running aground in shallow water. After these spills, officials try to discover who or what was at fault to help (4) _____ similar accidents in the future.

The most oil (5) _____ spilled was actually released on purpose as part of the Iraq's war plan during the Gulf War in 1991. Almost a million tons of (6) _____ were released into the Persian Gulf. This oil (7) _____ 1,500 square kilometers of water in the Persian Gulf, and also damaged 650 kilometers of the coastlines of Kuwait and Saudi Arabia. In some places, oil (8) _____ on the water was measured to be 43 centimeters thick. Water birds, water plants, and fish were all (9) _____ harmed by the oil. The long-term (10) _____ of this act on the food chain in the area are likely to cause problems far into the future.

1. A. Despite	B. Although	C. Because	D. Because of
2. A. by	B. with	C. to	D. on
3. A. created	B. caused	C. built	D. set
4. A. release	B. prevent	C. preserve	D. protect
5. A. even	B. still	C. already	D. ever
6. A. oil	B. water	C. sand	D. stones
7. A. cover	B. covers	C. covered	D. covering
8. A. floating	B. flowing	C. sinking	D. blowing
9. A. strictly	B. seriously	C. greatly	D. largely
10. A. attacks	B. effects	C. damages	D. dangers

VII. Read the passage and circle T (True) or F (False).

Mr. and Mrs. Nelson have two children, Lara 10 and Peter is 16. Mrs. Nelson first discovered that Peter was getting into trouble when school rang her to say that he hadn't turned up that day, or the day before. She realized right away that he had been truanting.

Peter's behaviour was causing conflict in the house and Mr. and Mrs. Nelson were both concerned. They had different views of how they should deal with Peter's behaviour and this led to rows

that upset the whole family. They decided to prevent Peter from going out with his friends, but this just made him more stubborn, and he would continue to miss school and stay outside his curfew.

Over the coming weeks, family life became more and more difficult. Mr. and Mrs. Nelson felt that they could no longer do this on their own and asked the school to help. The school arranged for Peter to talk to someone he trusted, and they made an agreement for him to start gradually attending school again. He was also given some time to catch up with the work he had missed.

As he started to talk it through, Peter realized that he had been unhappy at school for a while. He admitted that he had felt lonely since his best friend moved away and another group of friends had persuaded him to skip school. As he missed more and more school, it became harder to go back.

Peter was encouraged to tell his parents how much he missed his friend and that he wanted to spend time with his dad playing football or fishing. Mr. Nelson thought he had grown out of that a long time ago but was pleased to spend time with Peter again.

Mr. and Mrs. Nelson tried to notice every day when Peter achieved his goal of attending school, being on time and remembering to do his homework. It took a little longer for Peter's friendships to return to normal and Peter has had to learn to prove himself trustworthy to his parents, but gradually Mr. and Mrs. Nelson are learning to trust Peter again.

- _____ 1. Lara has missed school for two days.
- _____ 2. The conflict in the Nelsons was due to the fact that they didn't agree on the solution to Peter's problem.
- _____ 3. When Mr. and Mrs. Nelson applied severe punishment to Peter, it had no effect and made the situation worse.
- _____ 4. The school did nothing to help Peter.
- _____ 5. The reason why Peter got in trouble was that some of his friends had negative impact on him.
- _____ 6. The best solution to Peter's problem was that the school and family have helped and trusted him.

VIII. Complete the dialogue with the questions from the box.

- A. What can I do for you?
- B. Could you tell me about therapy techniques of each program?
- C. How often do these programs take place?
- D. Is that Sage Recovery and Wellness Center?
- E. Can parents participate in these programs?
- F. How many programs do you offer?

Mrs. Lan: Excuse me! (1) _____.

Receptionist: Yes, it is. (2) _____.

Mrs. Lan: I'm calling to ask about your Adolescent Intensive Outpatient Programs. Receptionist: Well, our programs provide much needed support for high school-aged adolescents who struggle with mental health and/or substance abuse.

Mrs. Lan: (3) _____.

Receptionist: We offer two distinct programs: one geared solely towards mental health concerns, and the other for adolescents struggling with substance abuse or dual diagnosis.

Mrs. Lan: (4) _____.

Receptionist: Both rely heavily on Dialectical Behavior Therapy (DBT) techniques, focuses on coping skills, distress tolerance, mindfulness, emotion regulation, interpersonal effectiveness, family involvement, and education on the link between mental health and substance abuse.

Mrs. Lan: (5) _____.

Receptionist: Of course. These issues affect the entire family, therefore we highly encourage parents and/or legal guardians to be involved in the healing process.

Mrs. Lan: (6) _____.

Receptionist: Once a week on Friday. During Multifamily Group, parents and adolescents come together to discuss special topics and review skills that the adolescents have been learning in order to further support and coach their child in self-management.

Mrs. Lan: Thank you very much.

Receptionist: You're welcome. It's my pleasure to help you.

IX. Choose the sentence that has the same meaning as the given one.

1. It rained, so we stayed home.
 - A. Because it rained, we stayed home.
 - B. We stayed home although it rained.
 - C. We stayed home in spite of the rain.
 - D. It rained. However, we stayed home.
2. Drinking too much alcohol might lead to violent behavior.
 - A. Violent behavior might result from drinking too much alcohol.
 - B. Violent behavior might happen even though you don't drink alcohol.
 - C. Because of drinking too much alcohol, he had violent behavior.
 - D. Despite drinking too much alcohol, you are not able to have violent behavior.
3. She put on her sunglasses although it was a dark, cloudy day.
 - A. Since she put on her sunglasses, it was a dark, cloudy day.
 - B. It was a dark, cloudy day. Moreover, she put on her sunglasses.
 - C. It was a dark, cloudy day. Therefore, she put on her sunglasses.
 - D. It was a dark, cloudy day. However, she put on her sunglasses.
4. There are thousands of animal species in this national park.
 - A. This national park has thousands of animal species.
 - B. Thousands of animal species are being fed in this national park.
 - C. They love animal species in this national park.
 - D. Lots of animal species are protected in this national park.
5. We need to protect the biodiversity in local ecosystems.
 - A. The biodiversity in local ecosystems are being protected.
 - B. The biodiversity in local ecosystems needs to be protected.
 - C. The biodiversity in local ecosystems doesn't need to be protected.
 - D. The biodiversity in local ecosystems should be protected.
6. U Minh Thuong National Park is a region with the richest biodiversity in the Mekong River Delta.
 - A. U Minh Thuong National Park is a region in the Mekong River Delta.
 - B. U Minh Thuong National Park is a region because of the richest biodiversity in the Mekong River Delta.
 - C. The biodiversity of U Minh Thuong National Park is the richest in the Mekong Delta.
 - D. The biodiversity of U Minh Thuong National Park is rich in the Mekong Delta.