

# ТРЕНУВАЛЬНИЙ ТЕСТ У ФОРМАТІ НМТ

## Reading

### Task 1

Read the texts below. Match choices (A–H) to (1–5). There are three choices you do not need to use.

1

#### Sherway Gardens, Toronto

Located only a short drive from downtown Toronto, Sherway Gardens is home to more than 200 brand stores and a variety of food courts. Sherway Gardens is open seven days a week. It is definitely the best place in Toronto to check out the latest fashions or treat yourself to a new outfit.

☎ (416) 671-2080

🌐 [www.sherwaygardens.ca](http://www.sherwaygardens.ca)

2

#### Silverwood, Idaho

Popular with kids and adults alike, Silverwood has a wide selection of attractions to suit all tastes and ages. A three-day general admission ticket at \$106 ea. entitles you to unlimited use of over 70 rides, slides, live shows and attractions for 3 consecutive or non-consecutive days.

📍 27843 N. Hwy 95, Athol, ID 83801

☎ (208) 683-3400

3

#### Funtopia USA, NYC

With a three-level playground, toddler area, kiddie rides, food court, arcade with over 150 coolest games and more, Funtopia USA is the place to be with your family. Funtopia USA has five party rooms to cater to your child's next birthday or corporate events. We are free for adults, but all kids under 18 have to pay for admission.

For more details call us at 718-491-7200.

4

#### The Third Space, London

With a range of fitness classes including cycling, boxing, cardio and swimming classes and facilities like steam rooms and saunas, The Third Space offers everyone a personal training solution for their health, fitness and body shape issues. Our specially designed and decorated training rooms provide fitness spaces that members feel their own.

Book your experience at [www.3S.uk](http://www.3S.uk)

5

#### The Mid, Chicago

Looking for somewhere to blow off some steam? Enter the Mid which features cutting-edge music and is open three nights a week for local parties. Book a table and celebrate a special occasion or just pop up to dance with friends or strangers on the floor. Our cozy interior and European sound system make it an ideal place to dance a night away.

Book online at [www.midtickets.us](http://www.midtickets.us)

Which advertisement is about \_\_\_\_\_?

- A a bowling alley
- B a dance club
- C a family fun center
- D a games arcade
- E a gym
- F a shopping mall
- G a sport and fitness center
- H a theme park



## Task 2

Read the text below. For questions (6–10) choose the correct answer (A, B, C or D).

### Healthy Ageing

It's difficult to define ageing. The most widely accepted concept behind the idea of ageing is that it is just a part of the life cycle: birth, childhood, adolescence, adulthood and, in the end, old age. As we age, various physiological changes occur in our body since our organs start to lose their changes in intellectual functioning.

The way people age differs considerably, and this difference increases with age. Some people age more quickly with a dramatic level of decline, while others age more slowly with much less significant changes. Why?

Gerontology, the science dealing with the study of the ageing process, cannot yet give us a clear answer about what causes the ageing process. There are many ageing theories but none of them can explain satisfactorily why biological organisms age. The best we can say is that the ageing process depends on both genetic and environmental factors.

Genetic factors primarily define the maximum lifespan of a species; humans may very occasionally live for 120 years, mice only 4 years, butterflies 11 weeks. Furthermore, genetic factors are responsible for important morphological and physiological changes of the ageing process. With advancing age, they come into the picture and make our arteries, muscles, and skin lose elasticity, impair our vision and hearing. Moreover, there are certain cognitive and personality changes associated with ageing. Most aged people start to experience memory problems and become preoccupied with their inner life and personal feelings rather than the outside world.

Environmental factors are also very important as they determine the rate of the ageing process. This has become quite clear in the twentieth century, during which life expectancy in developed countries has increased considerably due to the reduction of infant mortality, improvements to working conditions, introduction of hygienic and nutritional measures and infection control. In contrast to the developed countries, the life expectancy in Nigeria is limited to 54 years by high death rate during childbirth, starvation, infections, absence of proper nutrition.

A major problem, however, remains the lack of good health in old age. On the average we live longer, but many of the extra years are often accompanied by chronic diseases such as osteoarthritis, diabetes, hypertension, and others. However, theoretical gerontology and anti-ageing medicine may eventually discover there is no limit to human life span.

6 What idea is **NOT** expressed in **PARAGRAPH 1**?

- ☐ A Ageing is an integral part of the life cycle.
- ☐ B Ageing involves physiological, psychological, and social changes.
- ☐ C There is no universal definition of the term "ageing".
- ☐ D Age-related changes are slower in wealthy people.

7 What does the author say about genetic and environmental factors?

- ☐ A They are the only factors that influence the ageing process.
- ☐ B They are only some of factors that influence the ageing process.
- ☐ C They are the only established factors that influence the ageing process.
- ☐ D They are the only factors considered by ageing theories.



- 8 Which of the following is an example of social age-related changes?
- ☐ A extreme introversion
  - ☐ B vision and hearing problems
  - ☐ C worsened memory
  - ☐ D shortened life span
- 9 Why does the author mention Nigeria in **PARAGRAPH 5**?
- ☐ A to give an example of the Third World countries.
  - ☐ B to show how environmental and social factors influence life expectancy.
  - ☐ C to stress the importance of proper nutrition and disease control.
  - ☐ D to illustrate how the ageing process depends on geopolitical factors.
- 10 What does the author think about the possible solutions to the ageing problem?
- ☐ A Developments in the anti-ageing medicine may give us extra years of active life.
  - ☐ B Scientists may eventually slow the ageing process.
  - ☐ C There is a chance to overcome the lifespan limits.
  - ☐ D There is no solution to the problem in the near future.

### Task 3

Read the texts below. Match choices (A–H) to (11–16). There are two choices you do not need to use.

#### Friends will be Friends

11

These are people we wouldn't have any particular reason to be friends with unless our paths weren't crossing all the time. We are never too close with them and never share our secrets, but they are most helpful. They would give us a lift to the nearest supermarket when they go shopping; they would pick up our kids from school when we are sick — just the way we would do it for them. Mutual aid is what makes us friends.

12

These friendships are not very close either and they don't involve lifts, kids or pets. It's basically some jointly shared interest that is at heart of such friendships. Thus, we may have a shopping friend who knows exactly what you ought to buy and where or an astrology course friend who is always eager to discuss what you have learnt. But it's doing together rather than being together.

13

We all have friendships that are rooted in our past and are a bit awkward or irrelevant in our current surroundings. They knew us when we were at primary school, or when our family rented a house in the suburbs, or when our parents went through that awful divorce. You have gone separate ways since and hardly have anything in common but sweet memories. However, they are still an inseparable and intimate part of your past.

14

For most part, these friends are important for the memories of what we shared at certain crucial times in our past. A time, when we shared a dorm room at Oxford; or volunteered for an educational program in San Pedro; or went together through a course of follow-up treatment. We value them for those dramas and dreams we once shared, but our links are no stronger than a once-a-year call at Christmas.



15

A special kind of intimacy exists in a friendship between people of different age groups. A parent-child relationship seems to be pleasant for both parts. In our child role we benefit from or 'parent's' experience, while in our parent role we may enjoy our 'child's' youthful perspective and play a wise mother or father to a questing young person.

16

We never see some of the people we call our friends alone. We meet them at parties or socials event but they always come with their husbands or wives. We may spend a pleasant evening together chatting about Mrs N's new car or discussing the World Cup's results, but we are not willing to deepen the relationship and our friendship always remains in the context of a group.

- A Convenience friends
- B Cross-gender friends
- C Cross-generation friends
- D Crossroads friends
- E Historical friends
- F Part-of-a-couple friends
- G Reluctant friends
- H Special-interest friends

## Task 4

Read the text below. Choose from (A–H) the one which best fits each space (17–22). There are two choices you do not need to use.

### Shopping Online

Online-shopping and e-commerce are gaining on popularity (17) \_\_\_\_\_. In 2017, around 2 billion people worldwide purchased goods online (18) \_\_\_\_\_. Clothing, shoes and accessories, computers and electronics, beauty items, books, movies and music are all among the goods (19) \_\_\_\_\_.

Yet some people are still reluctant to shop online. One reason is the sense of satisfaction and other people's appreciation (20) \_\_\_\_\_. For a typical fashionista getting a must-have jacket delivered straight to the door is just robbing herself of the pleasure of walking down the street and carrying a shopping bag with a designer logo on it.

Another problem while buying online is payment over the internet. Although established online shopping platforms like eBay and Amazon.com have been a great success, many people still refuse to use their credit cards on the Web, especially (21) \_\_\_\_\_. The increasing rate of cyber crimes is yet another reason (22) \_\_\_\_\_.

- A which is popular with younger people
- B that are bought and sold online
- C that retail business has never dreamt of
- D that discourages people from shopping online
- E when getting their money back
- F which is still essential to many people
- G when buying expensive items
- H which accounted for 23.2 % of total global retail sales



## Use of English

### Task 5

Read the text below. For questions (23–27) choose the correct answer (A, B, C or D).

#### The Bond Series

The Bond films are probably the world's most famous spy movie. (23) \_\_\_\_\_ by British novelist Ian Fleming in 1953, agent 007 is one of the longest (24) \_\_\_\_\_ characters in the film history (25) \_\_\_\_\_ with movie enthusiasts all over the world. The Bond films started out in 1962 and since then the bold master spy has escaped from more villains and saved the world more times than any other secret agent, real or (26) \_\_\_\_\_. Some critics, however, consider them just too predictable with all their (27) \_\_\_\_\_ set of beautiful girls, high-tech gadgets, luxurious yachts and seasoned villains.

23	A	Invented	B	Created	C	Designed	D	Planned
24	A	running	B	moving	C	lasting	D	watching
25	A	fashionable	B	celebrated	C	popular	D	trendy
26	A	imaginary	B	mythical	C	false	D	fictional
27	A	standard	B	typical	C	normal	D	regular

### Task 6

Read the text below. For questions (28–32) choose the correct answer (A, B, C or D).

#### Mountain Gorillas

Mountain gorillas are very strong animals that look (28) \_\_\_\_\_. However, they are one of (29) \_\_\_\_\_ most endangered animals in South Africa. Scientists believe that unless gorillas (30) \_\_\_\_\_, they will soon become extinct. In spite of the numerous social problems in African countries local people aren't too indifferent (31) \_\_\_\_\_ about gorillas. They are working hard to protect the animals but they wish the governments (32) \_\_\_\_\_ their efforts more actively.

28	A	aggressively	B	aggressive	C	more aggressive	D	most aggressively
29	A	the	B	a	C	an	D	—
30	A	will be protected	B	would be protected	C	are being protected	D	are protected
31	A	to forget	B	forget	C	forgetting	D	forgotten
32	A	are supporting	B	were supporting	C	will support	D	support