

Thời gian làm bài: ... phút, không kể thời gian phát đề.

Mark the letter A, B, C or D to indicate the underlined part that needs correction in each of the following questions.

Question 1. Firefighters are called out last night to the hotel which was burning at around midnight.

A B C D

Question 2. Children sometimes become angry when he can't do anything they want.

A B C D

Question 3. This new smartphone offers features comparative to those of high-end models at a fraction of the

A B C D

price.

Mark the letter A, B, C or D on your answer sheet to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in each of the following questions.

Question 4. Our new house is located only a stone's throw from the beach, allowing us to easily enjoy the sun and surf whenever we want.

A. a short distance away B. within close proximity  
C. a long way D. near

Question 5. Regular exercise can enhance your overall physical health and well-being.

A. strengthen B. diminish C. boost D. improve

Mark the letter A, B, C or D on your answer sheet to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions.

Question 6. She found it difficult to forgive heartless people who abused animals.

A. kind-hearted B. cruel C. warm-hearted D. humane

Question 7. Does the name John Smith ring a bell to you? I think he might have been at the party last week.

A. familiar B. strange C. similar D. difficult

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions.

People who are suffering burnout - the feeling of always being tired because they have been working too hard – always discover some ways to recover from it. They start to **reconstruct** their lifestyle: in just a short period of time, they may quit their job, move to another country, or end a relationship. Then, they successfully recover. However, according to Stela Salminen, a doctoral candidate at the University of Jyväskylä, Finland, this is not always the case.

Dramatic lifestyle changes might be beneficial for some people, but in her own research Salminen has found one factor which truly unites those who recover: realising that they are in control. For a small study in 2015, she interviewed 12 burnout sufferers. Researchers assessed participants to determine the severity of their burnout at the time of the study and seven months later. **Their** scores were then compared to what they said to look for patterns. The analysis revealed that those who recovered successfully experienced a revelation that they are in charge of their own wellbeing.

Salminen explains that if burnout sufferers believe that they can influence their environment, they usually take the necessary steps to reverse the factors which got them there in the first place. This might include things like improving sleep habits, since this is one of the best ways to reset when you're stressed, or drawing clear lines between work and non-work time. "People who have a sense of agency take steps in the workplace, make changes in their families; they take care of themselves, and they're more aware of their own limitations," she says.

One way to achieve this feeling of self-control is to attend slightly scary sounding "burnout rehabilitation programmes". These can come in many different forms - such as luxury retreats and basic online courses - but broadly they involve some kind of cognitive therapy to help people re-frame their experiences in a more productive way. Another is to gain control of another aspect of your life, such as by taking up a creative hobby or exercising more often. The late famous painting instructor Bob Ross often emphasised this, advising viewers that "If you don't like it, change it. It's your world."

Another important predictor of recovery from burnout is a healthy life. "Family relationships, one's overall health - these tend to influence people who have gone through burnout and are on the path to recovery," says Salminen. "Finding emotional support seems to be the first step towards recovery," says Salminen. "It can come from many different places - occupational health care like a psychologist, it can be support from family members, or support from colleagues." By

**verifying** your experiences, these people can help to improve your motivation and how you see yourself, and regardless of what happens in your journey to recovery, this can only be good.

**Question 8.** Which best serves as the title for the passage?

- A. Sudden life changes always help people recover from burnout.
- B. A doctoral candidate emphasizes the importance of changing lifestyle in recovering burnout.
- C. Does burnout recovery always require radical life changes?
- D. How the feeling of having control helps people deal with burnout

**Question 9.** The word "**reconstruct**" in paragraph 2 is closest in meaning to \_\_\_\_.

- A. swiftly move
- B. completely change
- C. slowly resurrect
- D. gradually adapt

**Question 10.** The word "**verifying**" in paragraph 3 can be best replaced by \_\_\_\_.

- A. ignoring
- B. discouraging
- C. confirming
- D. emphasizing

**Question 11.** The word "**their**" in paragraph 2 refers to \_\_\_\_.

- A. researchers
- B. participants
- C. scores
- D. patterns

**Question 12.** According to Stela Salminen's research, what is the key factor for successful recovery from burnout?

- A. Changing jobs frequently
- B. Moving to another country
- C. Ending relationships abruptly
- D. Realizing one is in control of their well-being

**Question 13.** Which of the following is **NOT TRUE**, according to the passage?

- A. The sense of having control is the key factor that all stories of burnout recovery involve.
- B. Improving their sleeping habits is considered the most effective way to reset when they're stressed.
- C. The frequency of exercising is one of the aspects of a person's life that can be controlled.
- D. The first step to recover from burnout seems to be paying attention to mental health.

**Question 14.** Which of the following can be inferred from the passage?

- A. Salminen's small study in 2015 involved comparing burnout scores before and after lifestyle changes.
- B. Seeking emotional support from various sources seems to be the first step towards recovery.
- C. The advice of the popular painting instructor Bob Ross has had a positive impact on many people.
- D. Prioritizing work over personal health may be an effective way to recover from burnout.

**Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.**

**Question 15.** I've always wanted to be a \_\_\_\_\_ and take pictures of exotic places.

- A. photogenic
- B. photograph
- C. photographer
- D. photography

**Question 16.** Michael \_\_\_\_\_ so fast when the police stopped him.

- A. was driving
- B. drove
- C. is driving
- D. drives

**Question 17.** We regret \_\_\_ passengers that all flights have been cancelled due to bad weather.

- A. to inform
- B. to informing
- C. inform
- D. informing

**Question 18.** It can't be denied that ChatGPT becomes \_\_\_\_\_ AI tool.

- A. more powerful
- B. most powerful
- C. the most powerful
- D. the more powerful

**Question 19.** I'm not sure if the book has over 100 pages. That is just a(n) \_\_\_\_\_ guess.

- A. typical
- B. accurate
- C. approximate
- D. precise

**Question 20.** In this place, the temperature usually drops below zero \_\_\_\_\_ night.

- A. to
- B. from
- C. with
- D. at

**Question 21.** On the morning of her wedding day, the bride was a bag of \_\_\_\_\_, feeling a mixture of excitement and worry as she prepared to walk down the aisle.

- A. stress
- B. nerves
- C. anxiety
- D. tension

**Question 22.** Victoria has been in \_\_\_\_\_ spirits ever since she got in to Cambridge University.

- A. high
- B. long
- C. large
- D. strong

**Question 23.** \_\_\_\_\_, he will return to his hometown.

- A. Until Martin finished the project
- B. As soon as Martin has finished the project
- C. When Martin had finished the project
- D. By the time Martin finished the project

**Question 24.** I'm interested in learning how to play \_\_\_\_\_ guitar; music has always been a great love of mine.

- A. the
- B. a
- C. an
- D. Ø

- Question 25.** She wants to take up swimming to improve her physical strength, \_\_\_\_\_?  
 A. does she                      B. doesn't she                      C. isn't she                      D. is she
- Question 26.** The house \_\_\_\_\_ by the workers in just three months.  
 A. was building                      B. built                      C. was built                      D. building
- Question 27.** Unfortunately, the parties were unable to \_\_\_\_\_ an agreement about how to cut down on the noise pollution in the area.  
 A. pay                      B. take                      C. reach                      D. have
- Question 28.** That book, \_\_\_\_\_ by a famous author, has become a bestseller.  
 A. to write                      B. writing                      C. written                      D. was written
- Question 29.** You can always \_\_\_\_\_ Sarah to come through in times of need; she's incredibly reliable.  
 A. work on                      B. take on                      C. count on                      D. put on

**Mark the letter A, B, C, or D on your answer sheet to indicate the most suitable response to complete each of the following exchanges.**

**Question 30.** *Janet and Lucy are talking about the global warming.*

- **Janet:** "In my opinion, we should plant more trees in our school to reduce the carbon footprint."

- **Lucy:** "\_\_\_\_\_. They'll also give us more shade."

- A. I couldn't agree with you more.                      B. What rubbish!  
 C. You're wrong.                      D. Yes, I like it.

**Question 31.** *Mai is talking with Nam about his new trainers.*

- **Mai:** "How fashionable a pair of trainers you have!"

- **Nam:** "\_\_\_\_\_."

- A. I know it's fashionable.  
 B. Thanks for your compliment.  
 C. Do you want to know where I bought them?  
 D. Yes, of course.

**Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.**

- Question 32.** A. apply                      B. ancient                      C. attract                      D. about  
**Question 33.** A. chance                      B. match                      C. machine                      D. challenge

**Mark the letter A, B, C, or D to indicate the sentence that best combines each pair of sentences in the following questions.**

**Question 34.** Peter didn't revise the lessons carefully. He couldn't pass the final exam.

- A. If Peter didn't revise the lessons carefully, he could pass the final exam.  
 B. If Peter had revised the lessons carefully, he could have passed the final exam.  
 C. If Peter hadn't revised the lessons carefully, he could have passed the final exam.  
 D. If Peter revised the lessons carefully, he could pass the final exam

**Question 35.** There has been a sharp rise in the level of noise pollution. The authorities are being urged to take firm actions against this problem.

- A. Sharply though the level of noise pollution has increased, the authorities are being urged to take firm measures.  
 B. It is the firm actions on the authorities' part that have led to a sharp rise in the level of noise pollution.  
 C. So sharply has the level of noise pollution increased that the authorities are being urged to take firm measures.  
 D. Hardly had the level of noise pollution risen sharply when the authorities were urged to take firm actions.

**Read the following passage and mark the letter A, B, C, or D to indicate the correct word or phrase that best fits each the numbered blanks.**

When Ruckstaetter - a professor of counseling at Covenant Theological Seminary in St. Louis - started researching apologies in graduate school, he found perplexingly (36) \_\_\_\_\_ studies focusing on apologies from parents to children. He surveyed 327 parents and found that those (37) \_\_\_\_\_ regularly apologized to their children reported stronger attachment bonds.

Apologizing is hard. "It can feel like death," Ruckstaetter says. If you've hurt a child with your words or actions, don't (38) \_\_\_\_\_ the resulting distress. Embrace guilt, a feeling that contains within it a (39) \_\_\_\_\_ of wrongdoing that can prompt prosocial behavior. "Move into your guilt and say, "I was wrong", Ruckstaetter says. Notice if your response feels more

like shame, which often results in withdrawal rather than apology. Shame might show as internal dialogue that says, "I'm bad," or "I'm unworthy," (40) \_\_\_\_\_ guilt tends to arise with more specificity: "I feel bad for saying those mean things."

- Question 36. A. few B. each C. little D. another  
Question 37. A. who B. whom C. where D. which  
Question 38. A. realize B. appreciate C. ignore D. urge  
Question 39. A. recognition B. illness C. confusion D. embarrassment  
Question 40. A. therefore B. whereas C. and D. so

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of the primary stress in each of the following questions.

- Question 41. A. divide B. happen C. commit D. refer  
Question 42. A. remember B. develop C. introduce D. consider

Mark the letter A, B, C, or D to indicate the sentence that is closest in meaning to each of the following questions.

Question 43. She is not allowed to meet her children until the operation has finished.

- A. She may not meet her children until the operation has finished.  
B. She needn't meet her children until the operation has finished.  
C. She mustn't meet her children until the operation has finished.  
D. She shouldn't meet her children until the operation has finished.

Question 44. The teacher told the students: "You'll have a grammar test tomorrow."

- A. The teacher told the students that they will have a grammar test tomorrow.  
B. The teacher told the students that they would have a grammar test tomorrow.  
C. The teacher told the students that they would have a grammar test the next day.  
D. The teacher told the students that they will have a grammar test the next day.

Question 45. The last time I attended a concert with my friends was last year.

- A. I haven't attended a concert with my friends since last year.  
B. I attended a concert with my friends since last year.  
C. I have attended concert with my friends for last year.  
D. I didn't attend a concert with my friends last year.

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions

Smoking is one of the biggest causes of death and illness in the UK. Every year around 78,000 people in the UK die from smoking and many more live with smoking-related illnesses. It increases your risk of developing more than 50 serious health conditions. Some may be fatal, and others can cause **irreversible** long-term damage to your health. You can become ill if you smoke yourself or if people around you smoke (passive smoking). Smoking causes around 7 out of every 10 cases of lung cancer (70%). It also causes cancer in many other parts of the body, including the throat or voice box (larynx). Moreover, smoking damages your heart and your blood circulation, increasing your risk of developing conditions such as coronary heart disease and heart attack. Breathing in secondhand smoke, also known as passive smoking, increases your risk of getting the same health conditions as smokers. For example, if you have never smoked but you have a spouse who smokes, your risk of developing lung cancer increases by about a quarter. Babies and children are particularly vulnerable to the effects of secondhand smoke. A child who's exposed to passive smoke is at increased risk of developing chest infection, meningitis, persistent cough and, if **they** have asthma, their symptoms will get worse.

Question 46. What is the main idea of the passage?

- A. Smoking is very harmful to health.  
B. Smoking is common in the UK.  
C. Men smoke more than women.  
D. Secondhand smoke has bad effects on children.

Question 47. What of the following has the closest meaning to the word "**irreversible**"?

- A. unrecoverable B. accessible C. dispensable D. understandable

Question 48. The word "**they**" in the passage refers to \_\_\_\_\_.

- A. effects B. babies and children  
C. health conditions D. symptoms

Question 49. What health conditions does smoking cause?

- A. cancer B. heart attack  
C. coronary heart disease D. All of them

Question 50. What following disease a child exposed to passive smoke is **NOT** at increased risk of?

- A. meningitis B. persistent cough C. chest infection D. diarrhea