Text 1

1) These speakers explain

a how their favourite activity doesn't involve teamwork.
b that they don't like the gym or sports.
c what it takes to succeed in their favourite activity.

Text 2

2) This speaker's intention is to

a detail his sport's training regime.
b explain why the sport's rules are important.
c warn that his sport is very dangerous.

Text 3

3) This speaker is explaining

a the effects of exercise on the various muscle groups.
b how exercise also affects the mind.
c that exercise must be regular to be beneficial.

Text 4

4) This speaker talks about

a how much he enjoys training with his father.
b why his father is paying for his training.
c how difficult the training is for a triathlon.

LIVEWORKSHEETS