

Dictation 36(B)

A. Choose the correct answer.

1. _____ have little fat.

A. Portions B. Beans

2. Mary always puts _____ in her salad.

A. olive oil B. spicy

3. Milk has got a lot of _____.

A. daily B. calcium

4. I go jogging to _____.

A. grow big B. stay fit

5. Fruit and vegetables have got a lot of _____.

A. vitamins B. guide



B. Write what is missing.

6. Eggs are high in protein. = _____

7. Don't eat sweets if you want to lose body _____ = λίπος

8. It's good to exercise on a daily basis. = _____

9. Potatoes and rice give us _____ = ενέργεια

10. Many people add some red pepper to make their hot dog
spicy. = _____