

6.2 Getting to the top!

Danh từ trừu tượng - Abstract noun

› Abstract nouns

Use of English

An abstract noun is a noun which refers to a quality, an idea or a feeling.

quality	idea	feeling
determination	health	happiness
kindness	success	sadness
vitality	freedom	fear

We usually use abstract nouns without **the**, **a** or **an**.

Flexibility and strength are important qualities for gymnasts.

When we make an abstract noun specific, rather than general, we use an article.

She doesn't have **the** stamina or **the** determination to run a marathon.

Focus

1 Make abstract nouns from these adjectives.

Abstract nouns ending in **-ity**

a agile *agility*

b flexible

c similar

Abstract nouns ending in **-ty**

d difficult

e honest

f safe

Abstract nouns ending in **-ness**

g fresh

h happy

i helpful

Abstract nouns ending in **-ation/ -tion**

determined -

concentrated -

coordinated -

react -

Abstract nouns ending in **-nce**

j different

k important

l intelligent

Abstract nouns ending in **-th**

m healthy

n strong

o true

Abstract nouns ending in **-ment**

Achieve -

Agree -

excite -

Abstract nouns ending in -sm : Enthusiastic (a) - enthusiasm (n)

Ex2 - Use the clues and the mixed up letters to work out the missing words.

- a. If you don't give in to your fears, you havecourage..... (ECUGARO)
- b. You need good hand-eye in tennis. (ADRINITONOCO)
- c. You can build up in your arms by lifting heavy weights several times a week. (GNTHERTS)
- d. He trains at the pool at 5 a.m. every day. He has great (FLES LICINIDEPS)
- e. A lot of team sports require Players have to respond quickly to movements of the other players. (LITIGAY)
- f. 'You need to go faster. Try to increase your by a few seconds every day. It's the only way you will win this race.' (EPEDS)
- g. People with continue to do something even when it's very difficult. (INTEROMINATED)
- h. Some people have great for a sport to start with, and then they lose interest. (SHUTMANIES)
- i. Tennis & table tennis are two sports that require quick(CARONITES)
- j. Athletes need to control like anger and fear. (OMONITES)

2 A sports coach is speaking. Match the sentence beginnings to the endings.

a	Play	1	confidence in yourself.
b	You can improve	2	positive.
c	Try to control	3	with practice.
d	Stay calm	4	you can do it.
e	Have	5	your emotions.
f	Be	6	and stamina.
g	Believe	7	spirit is important.
h	Develop your strength	8	well!
i	Team	9	even before a big match.