

INSPIRED TOTS EARLY LEARNING CENTER
PRE K SECOND TERM EXAMINATION 2024

HEALTH HABITS

1. Food is anything we eat to make us___ (a) Healthy and weak (b).
Healthy and strong
2. Mention Three examples of food you know? _____, _____ &

3. What is your favorite food? _____
4. Why do we eat food? Mention two reasons.

5. Identify and name only the healthy foods.







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6. Identify and name only the unhealthy foods



7. What kind of foods are these?



8. Table manners is the right and acceptable behavior while eating at the table.

(a). True (b). False

9. Mention 3 good table manners _____,

_____.

10. Table manners teach us to say "please" and "thank you". (a). True

(b). False

11. Eating and playing is a bad table manner. (a). True (b). False

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12. Name the following dangerous objects/appliance used at home.



13. Dangerous objects are things that can cause injuries, illness and discomfort.

(a). Yes (b). No

14. Why are these objects/ appliances harmful?

15. _____ means taking care of ourselves and our environment.

(a). Cleanliness, (b). Dirtiness

16. A clean child is a healthy child. (a). Yes (b). No.