

1 Complete the blog post with these words.

after at because do don't finish
get let then



Hi! My name's Dan and I'm fourteen years old. I come from Liverpool in England. This is my typical day.

I'm a swimmer and I need to do a ¹ lot of practice. Every morning I ² _____ up at 5.00 – yes, 5.00! I ³ _____ have a big breakfast, but I drink a cup of tea. ⁴ _____ my dad takes me to the swimming pool. I get there ⁵ _____ 5.30 exactly. I train for two and a half hours. Then dad takes me home again. I have breakfast with the family at 8.30. ⁶ _____ that, I go to school.

Lessons ⁷ _____ at 4.30. I go swimming again for an hour and a half, from 4.45 to 6.15. Then, I go home and have dinner. I ⁸ _____ my homework in my room and then, at about 8.00, I watch TV. I go to bed at 9.00 p.m. ⁹ _____ I'm tired.

2 Read the blog again. Complete the table.

Time	Activity
5:00	¹ <u>get up</u>
² _____	arrive at swimming pool
³ _____	finish training
8:30	⁴ _____
⁵ _____	lessons finish
4:45	⁶ _____
⁷ _____	finish swimming
8:00	⁸ _____
⁹ _____	go to bed

3 Join the sentences with *so* and *because*. Sometimes you need to change the order of the sentences.

- I want to pass my exams. I work hard.
a (so) I want to pass my exams, so I work hard.
b (because) I work hard because I want to pass my exams.
- We aren't very good at tennis. We practise a lot.
a (so) _____
b (because) _____
- He lives near his school. He walks to school in the morning.
a (so) _____
b (because) _____
- I sing every day. I want to be a famous singer.
a (so) _____
b (because) _____
- She always needs help with her French homework. She isn't very good at French.
a (so) _____
b (because) _____

4 Think of someone you know who has a different daily routine from you. Copy and complete the table with information about him/her in your notebook.

Time	Activity
_____	_____
_____	_____

WRITING TIME

Write a blog post about the daily routine of the person in Exercise 4.

FIND IDEAS

Make notes about:

- his/her school day
- his/her evening
- what he/she does in summer/winter

PLAN AND WRITE

- Organise your ideas into three paragraphs. Use the blog post in Exercise 1 to help you.
- Write a draft blog post.

CHECK

- Check language: are *so* and *because* correct?
- Check grammar: are the verbs in the Present Simple?
- Write the final version of your post.