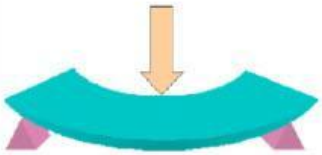
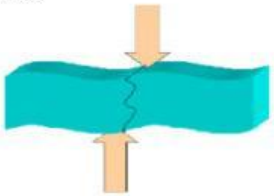
Activity 2_Relate & complete in your owns words

Flexion	Stretching
Torsion	Crushing
Shear	Bending of parts
Compression	Twist
Traction	Cutting

Types of effort	Description	Examples
Compression		
Traction		
Torsion		
Flexion 		
Shear 	Cutting	Cutting bread with a knife.

LIVEWORKSHEETS