



10. Установите соответствие **тем 1 - 8** текстам **А- G**. Занесите свои ответы в таблицу. Используйте каждую **ЦИФРУ** только **один раз**. В задании **одна тема лишняя**. Запишите цифры в клетки задания **10**

1. Female bobsleighbing

2. What you need for bobsleighbing

3. Safety rules

4. Bobsleighbing techniques

5. Participating countries

6. The dangers of bobsleighbing

7. The newest rules

8. From the history of bobsleighbing

- A.** Bobsleighbing was originated in Switzerland. In the late 19th century, the Swiss first started doing it by attaching two skeleton sleighs together with a steering mechanism added to the front sleigh in order to control the direction. The first bobsleigh races took place in normal snow-covered roads whereas the first bobsleighbing club was founded in St. Moritz, Switzerland in 1897 and the first specially designed race track was developed outside of St. Moritz in 1902.
- B.** Bobsleighbing is mostly played in Europe along with North America and Russia because of the proper climate for the icy track. The United States of America, Germany and Switzerland have long been the most successful bobsleighbing nations based on their incredibly successful track record in all formats of competitive sports including World Cups and Olympic Championship. Presently, more than fifty countries take part in various international bobsleighbing events all over the world.
- C.** Bobsleighbing is considered the most expensive winter sport as the equipment used in it, including the safety equipment as well as bobsleigh parts, are quite costly. The most important equipment in bobsleighbing is the sleigh. Besides this other protective guards are also used. The length of the sleigh must be a maximum of 3.80 metres (12.5 feet) for four-man sports and 2.70 metres (8.9 feet) in case of two-man sports. Bobsleigh crews are supposed to weigh heavy to ensure high speed.
- D.** In fact, two-man and four-man types of bobsleigh are very much similar. As weight plays a vital role for the speed of the sleigh, four-man sleighs are much faster than two-man types. However, even a simple mistake at the initial push-off or, say, during the steering, on decisions of the driver during the turns may largely affect the final race. The thing is, air passing through the sleigh slows the sleigh down. In order to avoid these drags, wind tunnels are usually added to the sleigh.
- E.** One may think bobsleighbing is a risky sport but actually not only men are fond of it. Women do it too. In case of women bobsleighbing, the sleighs for women were originally very much similar to those of men. But with time so many problems came out as women are shorter than men and many players injured their hips as well as back. These traumas prompted the organizers to change the interior sleigh designs for women bobsleighbing. Now women can do it safely and successfully enough.
- F.** Bobsleighbing competitions gather crowds of people who want to watch their favourite sportsmen compete with one another. However, even though bobsleighbing is quite an interesting sport, the risks attached to it certainly cannot be avoided. Till now more than ninety-three players have died in crashes or accidents during the game. In order to reduce the chances of accidents and to prevent the risks, officials have made certain rules and regulations about the uses of sleighs and the structure of the track.
- G.** There are a lot of risks connected with bobsleighbing. Bobsleighbers need to wear high tech plastic made helmets in order to prevent head injuries as well as goggles for eyes. Racers wear tight uniforms to increase aero-dynamicity and spiked shoes to gain traction on the ice. The brakeman wears a Kevlar vest in order to avoid third degree burns during the sleigh's friction with ice. The next bobsleigh doesn't start until the previous team has left the track because of security reasons.

A	B	C	D	E	F	G

11. Прочитайте текст и заполните пропуски **A — F** частями предложений, обозначенными **цифрами 1 — 7. Одна из частей в списке 1 — 7 лишняя.** Занесите **цифры**, обозначающие соответствующие части предложения, в клетки задания **11 без пробелов и знаков препинания.**

Willis Tower today

Willis Tower is the heart of downtown Chicago and the future of work and play. The 110-story building is one of the tallest buildings in the world and the second tallest building in North America, making it impossible to miss **A**_____. The magnitude of this magnificent steel frame skyscraper can seem impossible to understand.

Willis Tower is now owned by Blackstone and managed by EQ Office. It is home to more than 100 businesses including law firms, insurance, transportation, financial companies and more. Radio and television stations are broadcast from Willis Tower's rooftop. 15,000 people work at the Tower each day, **B**_____. And 12 million people pass by and through the Tower each year.

It is not surprising **C**_____. The Tower is not only an innovator in promoting green practices among its tenants, but also stands **D**_____ in increasing energy and water efficiency and reducing waste. Over the past 20 years, the Tower has reduced annual electricity consumption by 34% by **E**_____ and adopting special conservation practices. The building saves 10 million gallons of water each year by relying on reduced water-flow fixtures.

These innovations are encouraging those in charge of the building to look into certification for energy efficiency and explore renewable energy resources, such **F**_____ covered with vegetation.

1. when appreciating the big city's skyline
2. that the true color of Willis Tower is green
3. as solar and wind power and "green roofs"
4. as a leader among American skyscrapers
5. using new lighting systems and controls
6. that was designed and built many years ago
7. not counting thousands of the building's visitors

A	B	C	D	E	F

12-18 Прочитайте текст и выполните задания **12-18** отметьте на карточке вариант, соответствующий номеру выбранного вами варианта ответа.

College food

Choosing a college? Well, you may want to look more closely at what's being served. Not just in the classrooms but also the cafeterias.

What you eat and drink in college can make a big difference during college and well beyond. College may be the first time that you are away from Mommy and Daddy and are making decisions about what to put in your mouth on your own. It is when you are potentially programming some of your habits for life. You may also still be growing in college, which makes good nutrition especially important. According to a study published in the journal *Preventive Medicine*, overweight and obesity rates increase by more than 15% for first-year college students. Healthy may not be the first thing you think of when you picture college eating.

Instead, it may be late-night takeout, food from bags, ketchup as a vegetable, cereal for dinner and Nutella on everything. Oh, and when the cafeteria's vegetable-of-the-day is mushroom, it may actually be "mush" served in a room. The same study found that 95% of college students fail to eat the recommended amount of fruits and vegetables, and more than 60% report not getting enough physical activity.

That is why the Healthier Campus Initiative appeared. As science has shown, once your eating habits are established, changing them can be very difficult. Yes, knowledge and a diploma aren't the only things that you can get for life from college. That means that collegiate eating and drinking could be contributing to the continuing obesity epidemic and the host of diet-related chronic diseases that keep growing in many countries.

College applicants seem to become more and more aware of this. Back when I was applying to college, the only thing I knew about college meal plans was that they involved meals and a plan. Oh, and that they could be quite costly. By contrast, a survey conducted in 2015 showed nearly 1 in 5 potential college applicants indicated that a college's health and wellness offerings were "likely" or "extremely likely" to alter their decisions of whether to apply to that college. And 23% felt that access to such offerings would be "absolutely essential when deciding where to apply." Among female high schoolers, 51% deemed it either absolutely essential or very important. Modern kids are smart.

Therefore, **take heed**, colleges and universities. They say that a way to one's heart is through the stomach. This may apply to the brain as well and the check book for college tuition. If colleges want to attract the best and brightest, they may want to make sure they are serving the yummiest and the healthiest.

Of course, not all campuses around the country have joined the Initiative yet. That doesn't mean that all other campuses are serving just hot dogs. However, you may want to be vigilant about what colleges and universities are serving. For example, ask to see their menus and accompanying nutrition information. This should include ingredients and frequency at which they are served. **An apple a year will keep no doctor away**. Determine what food is available off-hours or away from the cafeteria. This should include water fountains and healthy vending machines. Know who is supplying the food and from where the food comes.

Certainly, college food is not the sole cause of the epidemics of obesity and other diet related chronic diseases that certain countries are facing right now as there are a lot of other factors involved, including economics and family traditions. But it may be a contributor. After all, college years may be very important in forming habits we keep through our whole lives.

12. The author thinks that choosing a college should depend on ...

- 1) food served there.
- 2) workout facilities.
- 3) classes and food.
- 4) healthy campus habits.

Ответ:

13. Which of the following is NOT true about college eating, according to the author?

- 1) Food choices in college can determine your future nutrition.
- 2) Most students lack fruit and vegetables in their diet.
- 3) More senior students have extra weight than first-year students.
- 4) After leaving home many freshmen eat unhealthy food.

Ответ:

14. In the author's view, the Healthier Campus Initiative was started to ...

- 1) study what meals colleges offer nationwide.
- 2) draw parents' attention to students' eating habits.
- 3) work with obese students and their parents.
- 4) encourage colleges to provide healthier food.

Ответ:

15. According to the article, college applicants nowadays ...

- 1) are more concerned about college meal options.
- 2) are less intelligent than in the author's time.
- 3) prefer colleges that offer wellness scholarships.
- 4) mostly choose a college based on meal plans.

Ответ:

16. The phrase **take heed in "**Therefore, take heed, colleges and universities**" (Paragraph 6) is closest in meaning to ...**

- 1) pay attention.
- 2) stay back.
- 3) take time.
- 4) keep calm.

Ответ:

17. The author is using a reference to a famous proverb "An apple a day keeps a doctor away" (Paragraph 7 – **An apple a year will keep no doctor away) to emphasize that ...**

- 1) your health depends on the food you eat.
- 2) it is important how often you eat healthy food.
- 3) snacks are also important in students' diet.
- 4) applicants should check college menus first.

Ответ:

18. The main goal of the article is to ...

- 1) discuss the reasons for obesity and chronic diseases.
- 2) call the readers' attention to the importance of college food.
- 3) explain what colleges should do to attract more students.
- 4) encourage more colleges to join the Healthier Campus Initiative.

Ответ: