Reading comprehension

We can all agree that songs depicting deep emotional complexities are the most thoughtful and sometimes life-changing pieces of art, which puts them in a special place for those who have listened to them. One of those memorable songs, "Anti-Hero," composed by Taylor Swift, is known for its reflective lyrics and suiting rhythm that showcase the insecurity complex and mental ailments the singer suffers from, as well as the explicit references many fans have noticed in the song.

Undoubtedly, the most noticeable elements in the song are the powerful yet dreadful emotions Taylor constantly endures, such as fear, anxiety and self-loathing, feelings that are put throughout the video in a relatable way, allowing the viewers to delve deeper into Taylor's emotions and inner thoughts. Consequently, fans came to the conclusion that this emotional turmoil stems from the pressure her career exerts on her and how this can negatively impact her relationships as well as her personal life. In fact, the following lyrics, "One day I'll watch as you're leaving Cause you got tired of my scheming," expresses her fear of losing her 6-year relationship with the actor Joe Alwyn, with whom, at the time, they were still engaged.

Furthermore, the following lyrics: "It's me, hi, I'm the problem, it's me, at tea time, everybody agrees," show deep concerns about her self-worth, her thoughts about what people think about her, and how these constant self-deprecating thoughts are painful to endure for her. Such an ailment is accentuated by the following lyrics: "Sometimes I feel like everyone is a sexy baby, and I'm the monster on the hill," exhibiting low self-esteem as shown by how she feels about her beauty and, of course, how her status as a celebrity makes her feel out of place ("Too big to hang out").

In conclusion, the song "Anti-Hero" allows us to see Taylor Swift's mental health problems and what the root causes of such ailments are, spanning from career-related issues that compromise her personal life, to self-worth and self-image issues that make the viewers related to the singer through an enjoyable tune and insightful lyrics that make an impressive song to listen to.

**1. The main theme of this essay is…**

a) How deep emotional songs are objectively better than other types of songs.

b) Why relationships are hard to keep when you are a celebrity.

c) The way a singer can covey how they feel through songs.

d) How crippling can mental health problems be.

**2. According to the text, what was Taylor Swift's main fear?**

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a) Fear of how people perceive her

b) Fear of being left behind

c) fear of losing his boyfriend

d) fear of losing attention

**3. According to the text, why do you think the song has gained popularity among its viewers and fans?**

a) It talks about something as common as anxiety and depression.

b) Depicts how a celebrity suffers from something as common MHP.

c) It explains how complicated a celebrity's life can be.

d) Because it allows the viewer relate to the singer's afflictions.

**4. What message does text is trying to convey?**

a) Some mental health problems are stronger on some individuals.

b) Celebrities are not exempt from suffering from mental health problems.

c) Celebrities do not know how to cope with mental health problems.

d) The best songs are written when someone is afflicted by mental health problems.

**5.- Which title fits the text?**

a) Anti- Hero: How the singer coveys its issues through music.

b) Taylor Swift: A journey through her afflictions.

c) Mental health problems and they affect celebrities.

d) Anti-Hero: A testament to how terrible anxiety and depression can be.

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Vocabulary section

| | |
|---|---|
| Endures (Verb) | Something develops as the result of something. |
| Life-changing (adjective) | Feelings of dislike to oneself. |
| Turmoil ( noun) | Putting yourself, your skills, and achievements down |
| Stems from something (phrasal verb) | Something having the effect to change a person's life |
| Self-loathing | Suffering something hard to tolerate |
| Self-worth | To highlight or making something more noticeable |
| Self-deprecating | A confusing, problematic, uncertain state |
| Accentuated (Verb) | The value you give to yourself. |

**2. Read the text again according and put them on the correct column.**

| -al | -ful | -ive- | -able |
|---|---|---|---|
| | | | |

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**3.- Put the correct adjectives seen in exercise 2 in the sentences which fits the best according to the adjective.**

1. Maria has been depressed ever her dog went missing. She has been pretty _____.
2. Look at the news! They say there has been a _____ earthquake yesterday at 2:10pm.
3. The documentary shows the life of wild dogs and how the hunt their prey. I got to admit, those video recordings from them eating their prey are _____.
4. John sprinkled his right foot's ankle while playing basketball, now even walking is _____ to him.
5. I went to a powerlifting competition last weekend, and this one guy lifted 250kg like it was nothing! That was truly _____ !
6. I was fortunate enough to get tickets to see the _____ Taylor swift concert here in my country.
7. After watching the video, all the kids' gaze suggest that they video was much more _____ than we expected.
8. I know that you have a gift for my birthday in your left hand, it is so _____!

**4.- Write 8 sentences with each adjective in exercise 2**

1. _____
2. _____
3. _____
4. _____
5. _____

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6. _____

7. _____
8. _____

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