

## 7 READING • Being kind

I can scan a text to locate information.

**THINK!** When did someone last do something kind for you? What was it?

### CHANGING THE WORLD WITH KINDNESS

Sometimes a spontaneous act of kindness can change another person's life. Read about these incredible people and their actions that helped to make the world a better place for someone else.

#### DANIEL'S STORY



Life can't be easy for musician Daniel Black. After a cycling accident in 2009, he couldn't walk or play the guitar any more. Doctors thought that with expensive surgery he might walk again. He had saved £22,000 when he heard about a young boy with a serious illness who also needed surgery to allow him to walk. Daniel decided to donate all the money he had to the boy's family. The result? The little boy was able to get his surgery. Daniel received a special **award** at the Pride of Britain Awards.



#### SARAH'S STORY

Waitress Sarah Hoidahl bought lunch for two soldiers in her restaurant when she heard they didn't get paid due to government problems. She wanted to support and thank them for serving their country. On her TV show, talk show host Ellen DeGeneres gave a **reward** to Sarah for her kindness: the lunch money (\$27.75) and an extra \$10,000!

#### GLEN'S STORY

Glen James was an unemployed office worker and homeless when he did something both honest and kind. When he found a bag with \$42,000 in it, Glen decided to do what most people wouldn't do: he gave it to the police to return to its owner. A man called Ethan Whittington, who must be very kind himself, read about Glen and started a campaign to collect money for him. The campaign raised an amazing \$160,000 and Glen's life hasn't been the same since.




These stories may persuade you that when you spread a little kindness, there may not be a personal **benefit**, but you'll feel good about yourself and you could encourage people to be kind to you, too. Perhaps your kindness will help someone to be kind to another person!

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**Read the article. Write true or false. Correct the false sentences.**

- 1 The writer doesn't believe that there are advantages to being kind.
- 2 Daniel Black and the boy both got the medical treatment they needed.
- 3 Ellen DeGeneres didn't take Sarah Hoidahl for lunch.
- 4 The writer thinks most people would give a bag of money to the police if they found one.
- 5 Receiving money changed Glen James's life.

## 2) LISTENING COMPREHENSION 1

 2.23 Check the meanings of the adjectives in the box. Match the adjectives with explanations 1–12. Listen and check.

brave clever confident fair  
generous heroic honest kind  
organized patient sympathetic thoughtful

Someone who ...

1 considers both sides equally

2 remembers your birthday

3 is the opposite of *shy*

4 does dangerous things but doesn't seem scared

5 listens to your problems

6 is intelligent

7 does very brave things

8 plans things carefully

9 gives people more than they need

10 waits for others

11 cares about other people

12 returns a lost wallet

**BRAVE**

**CLEVER**

**CONFIDENT**

**FAIR**

**GENEROUS**

**HEROIC**

**HONEST**

**KIND**

**ORGANIZED**

**PATIENT**

**SYMPATHETIC**

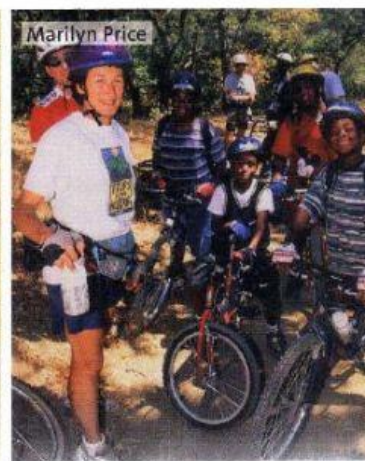
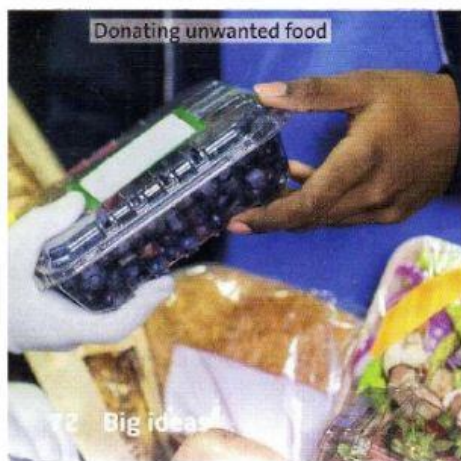
**THOUGHTFUL**

## LISTENING COMPREHENSION 2:

LISTEN TO THREE STUDENTS HAVING A DISCUSSION WITH THEIR TEACHER. WRITE THE ADJECTIVES THEY USE TO DESCRIBE EACH PERSON

	ADJECTIVES
ROBERT	
EDWING	
MARILYN	





### NOW LISTEN AGAIN AND ANSWER THESE QUESTIONS

- 1 Where does Robert Lee get the unwanted food from?
- 2 Why is it a clever idea?
- 3 What animals was Edwin Sabuhoro trying to protect?
- 4 How does his eco tour company provide a good solution to problems in Rwanda?
- 5 What opportunities do the bike trips give to city kids?
- 6 In what countries can you find Marilyn Price's programmes?

ANSWER THE QUESTIONS BELOW



1-	
2-	
3-	
4-	
5-	
6-	

## WRITING:

Using the ideas below, talk about people you admire. Use adjectives in exercise 1. Decide which person you'd give a Special Person Award to.

- a member of your family
- a famous person
- someone from your town

*I really admire my cousin because he's so clever.*

WRITE IT HERE

