

Illnesses and injuries

VOCABULARY BANK

1 MINOR ILLNESSES AND CONDITIONS

a Match the sentences with the pictures.

She has / She's got...

- ☐ a **cough** /kɒf/
- ☐ a **headache** /'hedək/ (backache, earache, stomach ache, toothache)
- ☐ a **rash** /ræʃ/
- ☐ a **temperature** /'temprətʃə/
- ☐ **sunburn** /'sʌnbɜːn/
- ☐ She's **being sick** / She's **vomiting**. /'vɒmɪtɪŋ/
- ☐ She's **sneezing**. /'sniːzɪŋ/
- ☐ Her **ankle's swollen**. /'swɒlən/
- ☐ Her back **hurts**. /hɜːts/ / Her back **aches**. /eɪks/
- ☐ Her **finger's bleeding**. /'bliːdɪŋ/



b 2.1 Listen and check.

c Match the illnesses and conditions with their cause or symptoms.

- ☐ 1 **B** He has a **sore throat**. /sɔː 'θrəʊt/
- ☐ 2 He has **diarrhoea**. /daɪə'riə/
- ☐ 3 He **feels sick**. /fɪlz 'sɪk/
- ☐ 4 He's **fainted**. /'feɪntɪd/
- ☐ 5 He has a **blister** on his foot. /'blɪstə/
- ☐ 6 He has a **cold**. /ə 'kəʊld/
- ☐ 7 He has **flu**. /fluː/
- ☐ 8 He feels **dizzy**. /'dɪzi/
- ☐ 9 He's **cut himself**. /'kʌt hɪmself/

- A He has a temperature and he aches all over.
- B It hurts when he talks or swallows food.
- C It's so hot in the room that he's lost consciousness.
- D He's been to the toilet five times this morning.
- E He feels that he's going to vomit.
- F He's sneezing a lot and he has a cough.
- G He feels that everything is spinning round.
- H He's been walking in uncomfortable shoes.
- I He's bleeding.

d 2.2 Listen and check.

2 INJURIES AND MORE SERIOUS CONDITIONS

a Match the injuries with their causes or symptoms.

- ☐ 1 **C** He's **unconscious**. /ʌn'kɒnʃəs/
- ☐ 2 He's had an **allergic reaction**. /əˌlɜːdʒɪk rɪ'ækʃn/
- ☐ 3 He's **sprained** his ankle. /spreɪnd/
- ☐ 4 He has **high (low) blood pressure**. /'blʌd preʃə/
- ☐ 5 He has **food poisoning**. /'fuːd pɔɪzənɪŋ/
- ☐ 6 He's **choking**. /'tʃəʊkɪŋ/
- ☐ 7 He's **burnt** his hand. /bɜːnt/
- A He spilt some boiling water on himself.
- B He fell badly and now it's swollen.
- C He's breathing, but his eyes are closed and he can't hear or feel anything.
- D It's 180 over 140 (or 18 over 14).
- E He ate some prawns that were off.
- F He was eating a steak and a piece got stuck in his throat.
- G He was stung by a wasp and now he has a rash and has difficulty breathing.



Common treatments for...

a **cut** minor: put a plaster on it (AmE band aid) and antiseptic cream, major: have stitches
headaches take painkillers
an infection take antibiotics
a sprained ankle put ice on it and bandage it
an allergic reaction take antihistamine tablets / pills or use cream

b 2.3 Listen and check.

ACTIVATION Cover the illnesses, injuries, and conditions in 1a/c (1–9) and 2a (1–7). Look at the pictures, or causes and symptoms, and say the sentences.

3 PHRASAL VERBS CONNECTED WITH ILLNESS

a Match the **bold** phrasal verbs to their meanings.

- Please **lie down** on the couch. I'm going to examine you.
- After two hours queuing in the sun, I **passed out**, and when I **came round** I was lying on the floor.
- It often takes a long time to **get over** flu.
- A few minutes after drinking the liquid I had to run to the bathroom to **throw up**.
- 1 _____ faint
- 2 _____ put your body in a horizontal position
- 3 _____ vomit, be sick
- 4 _____ get better / recover from sth
- 5 _____ become conscious again

b 2.4 Listen and check.

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