

Countable and uncountable nouns + some, any, a lot of, much, many

- 1 Look at the information about Carol. Then complete the text. Use *some, any, much, many* and *a lot of*.

***	a lot of	**	some	*	not much / many
X	any				
.....					
Breakfast:	juice	***	milk	X	
Lunch:	sandwiches	**	salad	**	pasta X
Snacks:	crisps	**	sweets	X	
Dinner:	meat	**	fish	*	vegetables ***

Carol likes being healthy. She usually drinks a lot of juice for breakfast. She doesn't drink ¹ any milk because she doesn't like it. She often eats ² some sandwiches for lunch or ³ a lot of salad. She never eats ⁴ any pasta. She sometimes eats snacks. She eats ⁵ some crisps, but she doesn't eat ⁶ any sweets. She has her main meal in the evening. She eats ⁷ a lot of vegetables for dinner, and she eats ⁸ some meat, but she doesn't eat ⁹ any fish.

much, many

- 2 Complete the questions with *How much* or *How many*.

- How many beans are there?
How much milk do you drink for breakfast?
 1 How much cheese is in this sandwich?
 2 How much meat do you eat every week?
 3 How many fizzy drinks does she usually have?
 4 How much fruit is there in the bag?
 5 How many snacks do they eat every day?
 6 How much rice would you like?
 7 How many sweets do you want?

Verb + -ing

- 3 Complete the sentences using the correct form of the words in brackets.

- Joe and Emily love listening to music on their MP3 players. (love / listen)
 1 We are walking around the park with our friends. (like / cycle)
 2 Ruth doesn't mind basketball at school. (not mind / play)
 3 Mum and Dad are eating in restaurants. (love / eat)

- 4 They aren't studying for exams. (not like / revise)
 5 I don't watch TV in the morning. (hate / watch)
 6 Tony likes fizzy drinks. (like / drink)

- 4 Order the words to make sentences and questions. There is one extra word in each sentence.

love / football / boys / playing / ~~to~~ / the
The boys love playing football.

- 1 getting / hates / up / the / Harry / early
Harry gets up early.
 2 at / Jill / doesn't / weekends / having / mind / working
Jill doesn't mind working at weekends.
 3 the / like / sea / at / you / in / do / swimming / ?
Do you like swimming in the sea?
 4 don't / to / cycling / school / like / I / doesn't
I don't like cycling to school.
 5 do / is / they / what / like / school / after / doing / ?
What do they like to do after school?
 6 loves / chips / eating / she / doesn't
She doesn't love eating chips.
 7 Mark / the / like / football / does / playing / ?
Does Mark like playing football?

Imperatives

- 5 Complete the sentences with affirmative (✓) or negative (X) imperatives.

eat sit use wait ask walk swim
drink ~~play~~

Don't play ball games here. X

- 1 Use for us! ✓
 2 Use some fruit. ✓
 3 Don't use a lot of fizzy drinks. X
 4 Don't sit on this chair. ✓
 5 Don't walk on the grass. X
 6 Don't eat your phone in class. X
 7 Ask your teacher a question. ✓
 8 Don't play in the sea. It's cold. X

Summary

Food

apples beans bread burger cheese chicken
chips crisps eggs fish fizzy drink juice
meat nuts pasta rice salad sandwich
soup sweets vegetables water

Health

active fit healthy hungry ill lazy thirsty
tired unfit unhealthy well

Food

- 1 Look at the photos. Then complete the sentences with the correct words.

Dad always has _____ eggs
for breakfast.



1



2



3



4



5



6



- 1 Do you want a _____ and chips?
- 2 We eat a lot of _____ in our house.
- 3 Mum makes chicken _____ on Sundays.
- 4 Lucy eats _____, but she doesn't eat meat.
- 5 I've got _____ and fruit in my lunchbox.
- 6 Karl often has a bag of _____ in his school break.

- 2 Find seven more food words.

A	O	W	S	M	I	P	E
B	R	E	A	D	Y	A	S
E	N	R	N	U	T	S	E
A	E	P	D	L	A	T	A
N	T	U	W	O	B	A	P
S	O	R	I	C	E	K	P
B	M	O	C	P	N	I	L
R	I	C	H	E	E	S	E
K	E	T	A	L	S	L	S

- 3 Choose the correct answers.

My favourite vegetables are _____.

a sweets b beans c water

1 I'd like a _____ sandwich, please.

a rice b cheese c fizzy drink

2 I'm thirsty. Can I have some _____, please?

a water b salad c pasta

3 _____ are bad for your teeth.

a Nuts b Bread c Sweets

4 Would you like some _____ with your burger?

a sweets b apples c chips

5 She doesn't eat _____ because she doesn't like bread.

a pasta b sandwiches c fish

6 You don't eat much _____.

a eggs b juice c meat

Health

- 4 Correct the words in bold.

Alice goes to the gym every day. She's very **unfit** fit.

- 1 Gary's diet is very **healthy** _____. He never eats any fruit or vegetables.
- 2 Jack feels **well** _____. He's in bed.
- 3 Are you **thirsty** _____? There are some sandwiches in the kitchen.
- 4 Susan is very **lazy** _____. She plays sport and she runs every day.
- 5 Is there any water? I'm **hungry** _____.

- 5 Match the words 1–6 with the sentences a–f.

- | | |
|-----------|--|
| 1 well | a He's got a good diet and he plays sport. |
| 2 lazy | b I want to go to sleep. |
| 3 healthy | c She isn't ill. |
| 4 thirsty | d I want to eat some food. |
| 5 hungry | e We want to drink some water. |
| 6 tired | f I never tidy my room. |