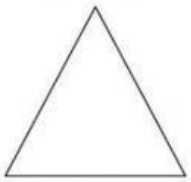
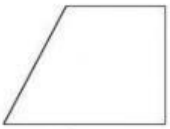
LOS ALIMENTOS Y SU CONSUMO

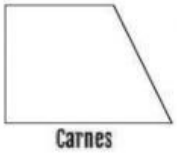
1 **Observa** la pirámide alimenticia y **complétala** pinchando en cada imagen y llévala a su lugar,



Grasas y dulces



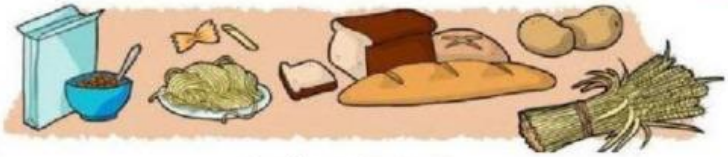
Lácteos



Carnes

Verduras

Frutas



Cereales, pasta y panes

Beber mucha agua

Hacer deporte

LIVEWORKSHEETS