

# HELEN'S DAILY ROUTINE



## 1) READ AND COLOR HELEN AS REQUESTED:

Hello, my name is Helen and I'm nine years old. I am a student. I've got blonde hair. I get up at seven o'clock every morning. I take off my pajamas, I wash my face and I put on my clothes. I like my pink T-shirt, my yellow trousers and my blue shoes and my red hat. Then I have breakfast: I eat biscuits, I drink milk with cocoa and a glass of orange juice. I brush my teeth and I go to school by bus. At school I read and write. I have lunch at the school canteen. I go home at four o'clock.

I play basketball with my friends and I do my homework. I have dinner with my family in the evening. I watch TV with my family, then I put on my pajamas and I go to bed.



## 2) TRUE OR FALSE?

|                                                            | TRUE | FALSE |
|------------------------------------------------------------|------|-------|
| 1) Helen is ten years old.                                 |      |       |
| 2) She gets up at seven o'clock in the morning.            |      |       |
| 3) She doesn't have breakfast.                             |      |       |
| 4) She likes a pink T-shirt and a yellow skirt.            |      |       |
| 5) She drinks milk with cocoa and a glass of orange juice. |      |       |
| 6) She eats biscuits                                       |      |       |
| 7) She doesn't brush her teeth                             |      |       |
| 8) She goes to school by bus.                              |      |       |
| 9) She has lunch at school.                                |      |       |
| 10) She plays tennis.                                      |      |       |
| 11) She watches TV with her family.                        |      |       |
| 12) She has dinner with her family                         |      |       |
| 13) She doesn't put on her pyjamas                         |      |       |