

**2** **e** **4.5** Listen again. For each question, choose the correct answer.

- 1** How does Ryan feel about training at the gym?
  - A** He doesn't like having to work so hard.
  - B** He usually enjoys it even though it's not easy.
  - C** He'd prefer to stay in bed on weekdays.
- 2** What does Ryan find the most difficult about being a gymnast?
  - A** getting up early in the morning
  - B** eating a special diet
  - C** training under pressure
- 3** Ryan started gymnastics because
  - A** he saw a programme on television.
  - B** his mother made him do it.
  - C** his sister was a competitive gymnast.
- 4** What does Ryan say is his main motivation?
  - A** winning
  - B** becoming famous
  - C** being as good as other athletes
- 5** Ryan says that the key to being a successful athlete is
  - A** the time you put in.
  - B** having a good coach.
  - C** following certain rules.
- 6** Ryan feels that gymnastics has taught him
  - A** to be more confident.
  - B** to appreciate his family.
  - C** to organise his time.

