UNIT 5: FOOD AND HEALTH

PRACTICE

XII. Complete the sentences with a, an or the.

1. Do you like _____ pasta in that restaurant?
2. I always have _____ sandwich for my lunch.
3. Do you like _____ food at your school? - Yes, I do.
4. I've got _____ apple and some crisps. _____ apple is nice and red.
5. He sometime buys _____ pizza at the weekend.
6. It's hot today. Would you like _____ ice cream?
7. Where's _____ school canteen? - It's over there.
8. I've got two sandwiches for us. Do you want the cheese sandwich or _____ meat sandwich?
9. She often has _____ fizzy drink in the park.
10. He's eating _____ burger and chips for lunch, and _____ burger is very hot.

XIII. Circle the correct words.

1. I have got **some / any** questions to answer now.
2. Have we got **some / any** rice?
3. There isn't **some / any** salt in this soup.
4. Put **many / some** salt in this soup, please.
5. Let's listen to **some / any** music.
6. Are there **some / any** apples on the table?
7. There are **a lot of / much** photos in the magazine.
8. He is going to buy **some / any** jeans.
9. I haven't got **some / any** onions for this food.
10. There are **much / many** students on the ground after school.

XIV. Complete the sentences with a, an, some, any.

1. Tom has _____ books for his favorite subject Math.
2. there aren't _____ good singers in the band.
3. I'm reading _____ interesting book at the moment.
4. We want _____ cheese for the pasta.
5. We haven't got _____ homework this weekend.
6. Have they got _____ new car?
7. Have you seen _____ films by Steven Spielberg?
8. There isn't _____ meat in the fridge.
9. I have _____ apple after every lunch.
10. Tom want a cheeseburger, but he hasn't got _____ money.

XV. Complete the sentences with the verbs + -ing of the verbs given below.

drink	**play**	**have**	**eat**	**help**
make	**take**	**watch**	**speak**	

1. John loves _____ pizzas.

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2. They prefer _____ the Olympics on TV.
3. I and Hoa like _____ English in class
4. We really like _____ smoothies for our desserts every day.
5. Vegetarians hates _____ onions in their food.
6. I don't mind _____ my mum make dinner, but I hate _____ the garbage out.
7. Do you like _____ fizzy drinks during your meals?
8. Peter likes _____ the guitar.

XVI. Choose the correct word.

1. You **should / shouldn't** eat in class.
2. You **should / shouldn't** keep your room tidy.
3. You **should / shouldn't** leave food on the tables in class.
4. You **should / shouldn't** say bad words to your friends.
5. You **should / shouldn't** clean the kitchen table after cooking.
6. You **should / shouldn't** eat wild mushrooms.
7. You **should / shouldn't** write on the walls or on the desk.
8. You **should / shouldn't** do your homework before going to school.
9. You **should / shouldn't** drink enough water every day.
10. You **should / shouldn't** drink a lot of fizzy drinks.

XVII. Complete the sentences with the words given below.

active	**healthy**	**tired**	**unfit**	**ill**
hungry	**thirsty**	**well**	**fit**	**unhealthy**

1. Some people are very poor, and they have a(n) _____ diet.
2. The doctor says he is fat and _____.
3. "I'm _____ Can I have a glass of water, please?"
4. My brother keeps _____ by running five kilometres a day.
5. When I get _____, I have some vegetable for snacks.
6. A good diet keeps you _____
7. Students at my school are very _____ in sports.
8. He was cold, _____ and hungry.
9. Have a lot of sleep, and you get _____ soon.
10. Lan can't come to class today because she is _____.

XVIII. Use the correct form of the words given in parentheses.

1. _____ visitors can eat 50 bowls of noodles. **(energy)**
2. The balanced diet plays an _____ role in our health. **(importance)**
3. You should try to be more _____. **(act)**
4. What is the _____ between Pho and Bun rieu? **(different)**
5. Pho is the most _____ food in Vietnam. **(unpopular)**
6. I'm a meat eater, but my sister is a _____. **(vegetable)**
7. The hamburger in the _____ fast food meal is corn fed. **(type)**
8. You shouldn't eat _____ food. **(health)**
9. I want to talk about building healthy habits into your _____. **(style)**
10. Many people on a diet drink a lot of water in order to help them lose_____. **(weigh)**

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