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## DAILY ACTIVITIES

Question: Can you tell a classmate about your daily activities?



- Complete the 15 sentences with the words on the left.



- My alarm clock always wakes me up at six o'clock every morning.
- I wake up at six, but I \_\_\_\_\_ at six-thirty.
- Then, I go to the bathroom to get washed and \_\_\_\_\_. Healthy teeth are important!
- After that, I \_\_\_\_\_. I like to wear a tie.
- Then, I usually have a big \_\_\_\_\_. I like to have some coffee, toast, and fruit.
- I always \_\_\_\_\_ to my office.
- At noon, I have \_\_\_\_\_ with my co-workers. We eat at a restaurant near our company.
- In the \_\_\_\_\_ I take a bus to go back home. I get back home at about five o'clock.
- After I get home, I often \_\_\_\_\_. I like to go jogging. Sometimes I do sit-ups.
- After that, I \_\_\_\_\_ so that I can feel clean and fresh.
- Then, I often help my wife \_\_\_\_\_. For example, I sweep the floor and throw away the garbage.
- I like to help my kids \_\_\_\_\_ their \_\_\_\_\_. Sometimes my son needs help with his math.
- I have \_\_\_\_\_ with my family in the dining room.
- In the evening, we \_\_\_\_\_ and watch TV.
- I \_\_\_\_\_ between ten and ten-thirty.

- A** afternoon *n.*  
alarm clock *n.*
- B** breakfast *n.*  
brush my teeth *v.*
- D** dinner *n.*  
do exercise *v.*  
do homework *v.*  
do housework *v.*
- G** get dressed *v.*  
get up *v.*  
go to bed *v.*
- L** lunch *n.*
- R** relax *v.*
- T** take a bus *v.*  
take a shower *v.*

### 2. Word Order

- always** / the / Sunday / make / on / they / breakfast
- friends / plays / the / with / she / her / in / **often** / park
- bed / makes / he / his / **never**
- sometimes** / on / play / we / Sunday / cards
- Hardly ever** / the / watch / they / TV / afternoon / in

6. o'clock / **always** / up / I / at / get / seven
7. have / lunch / fish / **seldom** / for / we
8. **rarely** / bus / work / by / to / go / they
9. reads / sister / the / my / newspaper / **often**
10. weekends / **usually** / boys / football / the / at / play

**3. Complete the sentences using the present simple affirmative, negative or interrogative:**

1. I .....(be) in a café now.
2. ....(she / play) tennis every week?
3. They .....(go) to the cinema every Wednesday.
4. ....(she / be) a singer?
5. You .....(find) the weather here cold.
6. .... (they / be) on the bus?
7. Lucy ..... (ride) her bicycle to work.
8. Why .....(he / be) in France?
9. I .....(not / play) the piano often.
10. It .....(not / be) cold today.
11. We ..... (be) from Portugal.
12. ....(we / make) too much noise at night?
13. Where .....(Harry / study)?
14. .... (it / be) foggy today?
15. We ..... (not / be) late.
16. They ..... (not / like) animals.
17. Where .....(you / be)?
18. He .....(not / be) an accountant.
19. ....(the dog / eat) chicken?
20. She ..... (be) my sister.

4. Complete the questions to match these answers.

- 0 I live in London.  
Where do you live?
- 1 I get up at 7 o'clock.  
What time \_\_\_\_\_?
- 2 I watch TV in the morning and in the evening.  
When \_\_\_\_\_?
- 3 My best friend Paolo comes from Italy.  
Where \_\_\_\_\_?
- 4 No, my sister doesn't go to school by bus.  
Does \_\_\_\_\_?
- 5 I have a party every six months.  
When \_\_\_\_\_?
- 6 No, I can't stand doing housework.  
Do \_\_\_\_\_?
- 7 I practise the guitar for three hours a day.  
How often \_\_\_\_\_?

LISTENING



1 06 Listen to a radio programme. Match speakers 1–5 with activities a–h. There are three extra activities.

- 1 \_\_\_ Maggie  
2 \_\_\_ Hilary  
3 \_\_\_ Findlay  
4 \_\_\_ Iliana  
5 \_\_\_ Simon
- a *go for a walk*  
b *go to the cinema*  
c *play sport*  
d *listen to music*  
e *chat with friends online*  
f *play video games*  
g *play with the dog*  
h *spend time with family*



2 06 Listen again and complete the sentences.

- 1 If you've got the Sunday Blues, you are \_\_\_\_\_ on Sunday.
- 2 When I message my friends on social media, I feel happy and \_\_\_\_\_.
- 3 When I play video games, I feel very \_\_\_\_\_.

4 When I feel \_\_\_\_\_ on Sunday, I see my friends.

5 We all \_\_\_\_\_ watching TV on Sunday evening.

### DICTATION



**3** 07 Listen. Then listen again and write what you hear during each pause.

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