

Choose and complete with **must, mustn't, can** and a verb from the box.

have eat (x 2) sit go sleep play drink exercise

RULES FOR GOOD HEALTH by Zoe Baker

We ¹ **must have** a good breakfast every morning. We ² fruit and vegetables and we ³ eight glasses of water every day. We ⁴ sometimes sweets and chocolate but not very often.

We ⁵ on a chair all day – we ⁶ We ⁷ a sport, walk or ride our bikes. We ⁸ to bed late. We ⁹ for eight hours every night.

Zoe

 **LIVEWORKSHEETS**