

Simplified Text from course book

Read the Below texts and answer the questions

Dr John Grey, a career planning specialist at the Ministry of Labour shares few ideas to plan your career. He says, "to help with career planning, you need to try to do the following things:"

- Think about your lifestyle now and if you're happy with it. Think about the lifestyle you want. Do you want a relaxed, slow-paced job? Or do you prefer a hectic job that might, for example, need a lot of travel?
- Think of activities you like and dislike doing. Make a list. It might be a small task like writing notes, or a big one like helping a family member install furniture.
- Think about your interests and what makes you happy. Try to remember any volunteer work you have done or a time you had a summer job. Was there something you liked? If not, have you read about a job that seemed interesting to you?
- Think about your personality? Do you like to be around people or alone? Do you like to sit behind a desk or move around?
- Think about your dream job. Think of its advantages and disadvantages. Don't be too positive; remember to think about the negative aspects of the job. Once you've completed these steps, you will have a better idea of who you are and what career you should aim for. With this in mind, the final step is developing a plan for achieving your goal.

Choose the correct answer

1. What is the main topic of the interview?
 - a) The best jobs to apply for
 - b) Tips for career planning
 - c) How to research the best job

2. Dr Grey said about activities you like and dislike
 - a. True
 - b. False
 - c. Not Given

3. What did Dr. Grey say about personality?
 - a) You like to be around people or alone
 - b) Try to remember the volunteer work
 - c) None of the above

4. What is the final step Dr. Grey said about?
 - a) Think about dream job
 - b) Developing a Plan to achieve your goal
 - c) Helping familymembers