3.3 READING and VOCABULARY A bad hair day

I can identify specific detail in a text and talk about the main ideas.

1 CLASS VOTE **Do you like going to the hairdresser's? Why? / Why not?**

2 **Read the comments people made after a visit to the hairdresser's. In pairs, discuss how they're feeling.**

1 It cost a lot of money and it doesn't look any different.
2 The colour is really awesome. I can't wait to show my friends.
3 It's incredibly short. I don't know if I like it.
4 It's awful – my ears look too big.

3 **Look at the title of the article and the photo. What do you think it will be about?**

4 **Read the first paragraph. In pairs, answer the questions.**

1 What problems do James and Georgia have?
2 Do you agree that boys and girls have similar hair problems?

5 2.08 **Now read the whole article. Mark the sentences T (true) or F (false).**

1 ☐ The teenagers in the survey were between twelve and sixteen years old.
2 ☐ Most teens are generally happy with how their hair looks.
3 ☐ Wigs in ancient Egypt were attractive and practical.
4 ☐ Egyptians copied Cleopatra's hairstyles to be fashionable.
5 ☐ Copying a hairstyle from the internet might not always be successful.
6 ☐ The author thinks your hairstyle should express your personality.

6 **Look at the highlighted words in the text. Check your understanding. Use a dictionary if necessary.**

7 **Work in pairs. What is the main idea in each paragraph? Write one sentence that summarises the whole text.**

Are you having a bad hair day?

Do you usually wake up, take one look at your hair and run for the shower? In a recent survey by Teenomet of 2,000 teenagers aged around sixteen years old, eight out of ten said they weren't happy with their appearance and it's their hairstyle that's been causing most of their problems. 'Since the age of twelve, I haven't left the house without checking my hair a million times in the mirror,' says James. His friend Georgia has been going to the same hairdresser since she was little, but says that she never has her hair cut if she's got school the next day. 'I worry that it won't look right,' she says. These are problems that many teens have – and yes, it's boys and girls.

Hair worries are not a modern thing. Men and women have been trying different styles for thousands of years. You can cut it, straighten it, get it and colour it. The ancient Egyptians thought that hair was very important and created beautiful hairstyles with hair extensions and beads. Men and women cut off their hair than dyed it and made fashionable wigs that looked good and also protected their heads from the sun. Historians say that Queen Cleopatra used different styles to show her power and fame. Paintings from that time show that Egyptians copied her styles – perhaps because they wanted to appear powerful too.

Today we still try to copy others. Celebrities, especially football players and pop stars, have been influencing our appearance for a long time. A photo of a famous person with the 'perfect' hairstyle can go viral and suddenly lots of people try to copy it. However, if the style doesn't suit the shape of your face or your complexion, it can be a disaster. How many times have you looked at a photo of yourself and thought 'Oh no, why did I think rainbow-coloured hair was a good idea?' So, yes, hair is important because it makes us feel good about ourselves. But maybe it's time to forget what other people look like and choose a style that reflects our true selves.

8 **Cover the text and take it in turns to tell each other what it's about.**

Lots of teenagers aren't happy with their appearance ...

9 **In pairs, ask and answer the questions.** And You

1 Who influences your hairstyle? Your parents? Your friends? Your favourite pop stars or sports heroes? Your hairdresser?
2 Have you ever tried to copy a hairstyle or do you know somebody who's copied a hairstyle? What was it like?

3.4 GRAMMAR Present Perfect Simple and Continuous

I can understand the difference between the Present Perfect Simple and Continuous.

1 CLASS VOTE **Have you ever made your own clothes or accessories? What are the advantages and disadvantages of making your own things?**

2 **Read the blog post and the comments. What does the girl make that everyone wants? Why do her friends want them?**

Kelly's blog
Everyone wants one!

Last month it was my best friend Rachel's birthday and I made her a case for her tablet. Since Rachel's birthday, lots of people have been asking me to make more and so I've been very busy. I've been creating lots of new designs and have made tablet cases for eight people in my class at school. I think people like them because they're different. They like the fact that you can't buy them in the shops. I've been taking photos of all the cases I've made. I've uploaded some photos here so you can tell me what you think!

Cara: I've been looking for a cool case for my tablet for ages and I haven't seen anything I like. These are awesome! I'm going to try making one. Thanks, Kelly!

Nathan: I've been reading your blog for ages and I've found it really useful. Your ideas are great and my friends love them.

3 **Study the Grammar box. Find more examples of the Present Perfect Simple and Continuous in the blog post and comments.**

Grammar | **Present Perfect Simple and Continuous**

Present Perfect Simple
They've made a lot of jewellery. (focus on result)
She hasn't bought a new skirt. (focus on result)

Present Perfect Continuous
She's been looking for a new skirt for ages. (focus on activity)
They've been taking photos of the jewellery. (focus on unfinished action)

Time expressions
for
I've been waiting for her email for a week.
since
I've known Jessica since October.

Be careful!
With state verbs (know, understand, etc.) you can only use the Present Perfect Simple.

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4 2.09 **Choose the correct option. Listen and check.**

1 Here you are. I've made / I've been making you a necklace. Do you like it?
2 I've been being / I've been interested in fashion since I was about twelve.
3 I'm really tired. I've shopped / I've been shopping all morning.
4 I don't know what to wear for the party. I've tried / I've been trying on five different dresses and I don't like any of them!
5 I've been wearing / I've worn these shoes all evening and my feet really hurt!

5 **Write questions using the Present Perfect Simple or Continuous. In pairs, ask and answer the questions.**

1 how long / you / have / your mobile phone / ?
2 how long / you / learn / English / ?
3 how long / you / know / your best friend / ?
4 how long / your favourite clothes shop / be / open / ?

A: How long have you had your mobile phone?
B: I've had it for two years.

6 [VOX POPS ▶3.3] **Do you know anybody who's good at making things? What do they make, how long have they been doing it and what have they made? Write a few sentences.** And You

Homework

3.3 READING and VOCABULARY The rise of the selfie

I can identify specific detail in a text.

1 **Read the article and choose the best summary.**

a Selfies are old-fashioned.
b If you want to succeed, you have to take selfies.
c Selfies are fun, but they should come with a warning label.

The rise and rise of the selfie

What do you do when you've bought some awesome new clothes? Do you show your friends? How about strangers? Why not post a 'selfie' online? It's a great way to get 'likes' from people you've never met, after all.

Every year the *Oxford English Dictionary* publishes a list of the new words it adds to the dictionary and recently, one of those was 'selfie'. People have been taking so many selfies that it's actually become a normal part of our everyday lives. According to a recent survey, the third most common hashtag on social media is #me. Walk around any famous place in your city and you'll see people taking selfies in front of famous buildings and statues, instead of just taking a photo of the building or statue.

Some teenagers have a huge following from just taking selfies. Alvin Ritchie, a good-looking teenager from Miami, has a social media page with only his selfies. He has over 90,000 followers! However, this fame hasn't gone to his head. As his profile says, he's just 'a kid who takes photos'.

But it isn't always just harmless fun. A few years ago, Hailey Prescott, a teenager from New Zealand, posted selfies of herself wearing fashionable clothes and the photos went viral. She quickly gained over a million followers and soon after she received offers of modelling contracts in New York.

She became very unhappy though. She felt as if she was living a lie because her photos didn't reflect her true personality. She was eating unhealthily just to look good for her photos. Looking at one photo of her in tight leggings and a baggy T-shirt, she said that the photo was the only thing that made her happy that day. When she realised that her photos were influencing other teenage girls, she decided to stop. She has been making videos since that time to warn other people of the dangers of becoming popular because of how you look.

So the message is clear. Selfies are popular, even normal, and a lot of fun. But who you are will always be more important than what you look like.

2 **Read the article again. Mark the sentences T (true) or F (false).**

1 ☐ The author thinks you shouldn't post selfies of new clothes.
2 ☐ One of the most popular hashtags on social media is #me.
3 ☐ You can see people taking selfies everywhere these days.
4 ☐ Alvin Ritchie thinks he's very important because he's famous.
5 ☐ Hailey Prescott gained a million followers from her modelling contracts.
6 ☐ Posting selfies became more important than eating healthily for Hailey.
7 ☐ The author thinks appearance is the most important thing.

3 **Find words or phrases in the article with the meanings below. The words appear in the same order as the sentences.**

1 a word or phrase used on social media to identify the topic hashtag
2 a lot of people who read your social media posts _____
3 made him feel very important _____
4 not dangerous _____
5 got or received _____
6 pretending to be something you're not _____

3.4 GRAMMAR Present Perfect Simple and Continuous

I can understand the difference between the Present Perfect Simple and Continuous.

1 ● **Match 1–6 with a–f to make sentences.**

1 [b] Alexa has bought a
2 ☐ We've been planning
3 ☐ Mum and Dad have told
4 ☐ I've made
5 ☐ John and Sarah have known
6 ☐ Tom has been wearing

a each other since primary school.
b wig for the party.
c me to wear smarter clothes.
d a necklace. Do you like it?
e that tracksuit all weekend.
f the fashion show for weeks.

2 ●● **Choose the correct option to complete the comments. Then mark the sentences PPS (Present Perfect Simple) or PPC (Present Perfect Continuous).**

Gemma Fox: Hi, everyone! Come and celebrate my birthday on Saturday 16 August. I'm having a fancy-dress party, so plan your costume in advance!

1 **James Stirling:** I've had / 've been having an old tracksuit for years! I'll come as an athlete from the 2000s. *PPS*
2 **Kylie Bishop:** My boyfriend Gary has bought / has been buying a new suit. Gary, I think you should go as the Prime Minister! ____
3 **Sarah Clarkson:** In the costume shop now. I've tried / 've been trying on costumes for an hour and I just can't decide what to wear! ____
4 **Claire Watts:** How long have you known / have you been knowing Gemma, Sarah? See you at the party! ____
5 **Harry Knowles:** Ugh. I haven't finished / haven't been finished all my exams yet and my mum won't let me go. ____
6 **Julia Case:** I've been looking forward / 've looked forward to this for ages! Definitely coming! ☺ ____

3 ●● **Complete the sentences with the Present Perfect Simple or Present Perfect Continuous form of the verbs in brackets.**

1 How long *have you been dyeing* (you/dye) your hair?
2 Ed _____ (look for) a new suit for ages.
3 How long _____ (you/have) those boots?
4 I _____ (not post) anything on social media for weeks.
5 Sally _____ (wear) sandals all summer.

4 ●● **Use the prompts to write sentences. Use the Present Perfect Simple or Present Perfect Continuous.**

1 I / send / three emails / today
I've sent three emails today.
2 how long / you / have / dyed hair / ?
_____
3 Jia / wear / glasses / January
_____
4 how long / you / study / fashion / ?
_____
5 Mark and Jill / like / heavy metal music / years
_____

5 ●●● **Complete the text with the Present Perfect Simple or Present Perfect Continuous form of the verbs below.**

be buy make recycle send use wear

Action Point Clothing

You [1]'ve bought a new jacket because you [2]_____ your old one for years. Do you throw your old jacket away or take it to a charity shop? Action Point Clothing in south London has the answer. They [3]_____ old clothes for years. They [4]_____ over 200 new items of clothing by transforming old clothes into modern ones. What's more, they [5]_____ half of their profits to train young people to design clothes.

So how does it work? 'We started off with a fashion design competition for young people and then used the winning designs on the clothes we received to make them fashionable again,' says company CEO Laura Bauer. 'Since then, there [6]_____ no shortage of new designs. The people at our school [7]_____ us new designs every week!'

LIVEWORKSHEETS