

GRAMMAR

should / shouldn't

1 Choose the correct words to complete the sentences.

To be healthy ...

- 1 you *should* / *shouldn't* sleep eight or nine hours every night.
- 2 you *should* / *shouldn't* drink lots of water.
- 3 you *should* / *shouldn't* go to bed late.
- 4 you *should* / *shouldn't* exercise four or five times a week.
- 5 you *should* / *shouldn't* eat too much chocolate or cake.
- 6 you *should* / *shouldn't* eat lots of fish, fruit and vegetables.

2 Complete the sentences with the phrases in the box.

eat so much chocolate go to bed
drink lots of water study hard tonight
sit down play tennis this afternoon

1 A: I've got a pain in my right arm.

B: You shouldn't

2 A: I'm very tired and it's late.

B: Then you should

_____, Sam.

3 A: My foot hurts.

B: You should _____ for a while.

4 A: I feel sick.

B: Well, you shouldn't

!

5 A: I've got a difficult maths exam tomorrow.

B: You should

6 A: Sarah's got a terrible cold.

B: She should rest and

3 Read the sentences. Select only right advice.

To improve your English ...

- 0 you should read books in English.
- 1 you shouldn't talk to people from English-speaking countries.
- 2 you should listen to music in English.
- 3 you should watch films in English.
- 4 you shouldn't practise pronunciation.
- 5 you should only study at weekends.



 **LIVEWORKSHEETS**