1 Complete the advice by circling the correct verbs.

1 My head hurts a lot.	You **need to** / **shouldn't** listen to loud music. You **mustn't** / **should** rest.
2 My little brother's got earache.	He **needs to** / **shouldn't** go outside to play. He **should** / **mustn't** go to the doctor.
3 My friend's got a broken arm.	She **mustn't** / **should** go to the hospital. She **mustn't** / **needs to** ride her bike.

2 What advice would you give to these people? Use the pictures for ideas.

1 Grandpa doesn't feel well. He's got toothache.
He mustn't eat sweets. He should _____.

2 Freddy has got the flu and he feels very cold.
_____
_____

3 Peter thinks he's got a temperature but he's got a football match.

LIVEWORKSHEETS

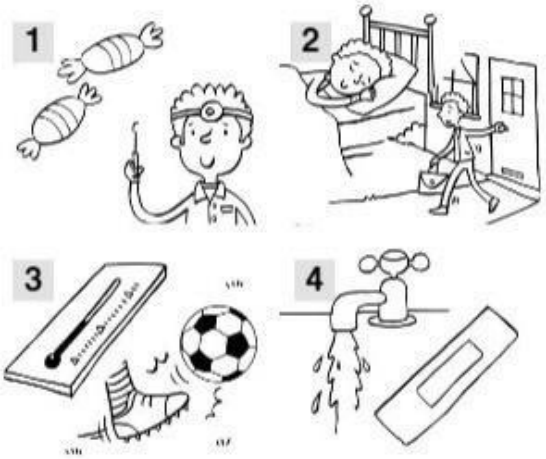
2 What advice would you give to these people? Use the pictures for ideas.

1 Grandpa doesn't feel well. He's got toothache.
He mustn't eat sweets. He should _____.

2 Freddy has got the flu and he feels very cold.
_____
_____

3 Peter thinks he's got a temperature but he's got a football match.
_____
_____

4 Jane has got a small cut on her finger.
_____
_____



3 Circle the correct words to complete the text.

Keeping healthy by Doctor Orlov

If you want to be healthy, it's important to exercise every day. You [1] **must** / **shouldn't** spend a lot of time on your computer. You [2] **should** / **mustn't** try to play outside in the fresh air. And you [3] **should** / **shouldn't** sleep at least nine hours every night.

If you get ill, you need to be careful. You [4] **mustn't** / **need to** do sports because your body [5] **needs to** / **mustn't** rest. You [6] **mustn't** / **should** keep warm and you [7] **must** / **shouldn't** drink plenty of water. If you feel very ill, it's important to see the doctor.

LIVEWORKSHEETS