

Revision

Vocabulary

1 Choose the correct answer.

- 1 Which of these things can you break?
a muscles b brain c bones
- 2 Which of these things isn't very important for being healthy?
a keeping fit b waking up early
c getting enough sleep
- 3 Which of these things makes you sneeze?
a hay fever b a cough c feeling sick
- 4 Which of these things can't you do on your own?
a do yoga b go running
c play badminton
- 5 Which of these things is not near your head?
a neck b ankle c shoulder
- 6 Which of these things hurts if you eat too much?
a tongue b stomach c brain

2 Match phrases 1–6 with a–f to make sentences.

- 1 ☐ I think I've got the
 - 2 ☐ Our neighbour's loud TV keeps
 - 3 ☐ My sister likes to
 - 4 ☐ My friends often play
 - 5 ☐ I can't write because I burned
 - 6 ☐ I enjoy doing
- a go running after school.
b my hand on the oven.
c flu, so I'm staying at home.
d weight-training to keep fit.
e football in the park.
f me awake at night.

3 Choose the correct option. Then think of some advice you can give to Archie.

Dear Problem Pete,

My problem is that I often feel ¹ *tired / tiring*. A few days ago I ² *kept / fell* asleep on the bus for a minute or two. When I woke ³ *up / at* my friend was looking at me, but she didn't say anything.

I'm worried because I don't get ⁴ *enough / too* sleep. I never go ⁵ *in / to* bed late, but I don't sleep very ⁶ *good / well*. I want to have a good night's sleep. What can I do?

Thanks for your help,

Archie

Grammar

4 Choose the correct option.

A: I'm so hungry! Is there anything to eat?

B: Well, we've got ¹*any* / *some* cheese.

A: Good! Have we got ²*any* / *some* bread for a sandwich?

B: No, we haven't got ³*any* / *some*. But we have got ⁴*any* / *some* eggs.

A: Excellent! How ⁵*many* / *much* eggs?

B: Two.

A: That's ⁶*not much* / *not many*!

B: But we've got ⁷*a lot of* / *any* potatoes.

A: Great! So, we can have fried eggs and chips!

B: No, I don't have ⁸*much* / *many* time to cook. And anyway, we eat ⁹*too many* / *too much* chips! There are ¹⁰*a lot of* / *too many* vegetables, so you can have a vegetable omelette!

5 Complete the text with the Past Simple or the Past Continuous form of the verbs in brackets.

Last weekend I ¹*was sitting* (sit) in my room when I ²_____ (hear) a noise from outside.

I ³_____ (get up) and opened the window.

My brother ⁴_____ (lie) in the garden. He

⁵_____ (not look) at me, so I ⁶_____

(shout) 'Jack! Are you OK?'

'My knee hurts. I fell off the chair,' he answered.

'Why? What ⁷_____ (you/do) on the chair?'

'I ⁸_____ (help) the cat to get down from the tree! I ⁹_____ (stand) on the chair when the cat ¹⁰_____ (jump) suddenly, and I fell. It's very painful!'

Speaking

6 In pairs, role play the situation. Student A, look below. Student B, go to page 139.

Student A

- Say hello to Student B.
- Ask Student B how he/she is.
- Ask Student B what happened.
- Give some advice.
- Reply that you aren't feeling well. Describe your symptoms.
- Listen and react to Student B's advice. Say thank you.

Student B

- 1 Answer Student A's question – you're unhappy because you've got bad toothache.
- 2 Listen to Student A's advice.
- 3 Thank Student A for his/her advice.