MID-TERM 1A

NAME:	
DATE:	
SCORE:	/100

A	Listen to the conversation between Eric and John. Then read the questions
	and choose the correct answer.

- 1 What do you think Eric and John's occupations are?
 - A They're both science teachers.
 - B John is a student and Eric is a teacher.
 - C John and Eric are students.
- What subject does John think Eric would enjoy?
 - A zoology
 - B social science
 - C biology
- 3 Which statement best describes Eric's personality?
 - A He likes to be around people.
 - B He prefers to spend time alone.
 - C He easily gets tense and anxious.
- 4 Do we know what Eric hopes to do after college?
 - A Yes, he wants to be a radio show host.
 - B No, he doesn't specifically say.
 - C He's not sure whether he wants to be an astronomer or a zoologist.
- 5 Is it clear from the conversation what John's opinion of Eric's decision is?
 - A No, not at all.
 - B Yes, he thinks Eric should switch majors.
 - C Yes, he thinks Eric is making a mistake.

__/10 (2 points each)

В	Listen to the podcast. Then read the statements and decide if they are True
	or False.

5	Anyone who agrees to take part needs to have a lot of free time.	T/F
4	HEALTH2YOU wants help from children and teenagers.	T/F
3	HEALTH2YOU needs a broad range of people to help them.	T/F
2	The organization tests out health products before they go on sale.	T/F
ı	HEALTH2YOU is a club for doctors and other health professionals.	1/F

_/10 (2 points each)

Complete the table with the words in the box.

be the life of the party be capable of be an extrovert be reserved be scared to death calm down cope with draw attention to overcome one's fear point out think through

Assessing Ideas	Facing Challenges	Describing Personality	Dealing with Emotions
point out			

/11 (1 point each)

Choose the correct answer.

- 1 I have no intention / attention / exploration of going to bed early. I want to go to the party!
- 2 My very old aunt often forgets / misses / loses patience with people who speak softly because she can't hear very well.
- 3 Poor Jane is so creepy / clumsy / endangered that she's constantly breaking things by accident.
- 4 One day, our planet is simply going to run out of satellites / resources / hits.
- 5 I'd like to steer / assess / confirm my kids away from eating candy and drinking soda.
- 6 Magdi is pointing out / overcoming / building an excellent relationship with his new manager.
- 7 Can anyone raise / confirm / propose that the rent has been paid this month?
- 8 Valeria and Mike are trying hard to raise awareness / satisfaction / reputation of plastic pollution.
- 9 My cousin doesn't go out much. He's shy and tricky / entertaining / reserved.
- 10 Dinosaurs' bones give scientists clues to their origins / satellites / intentions.
- 11 After the volcano erupted, a huge search for resources / survivors / extroverts began.
- 12 I'm reserved / irritating / conscious that you're very busy, so I won't keep you too long.

/12 (1 point each)

Complete the conversation with the words in the box.

bizarre	hoped	irritating	nerves	prepared	speak	tackle	
Bruce:	Do you kn	ow anything	about ph	obias, Sharoi	n?		
Sharon:	Sorry. Wha	t did you sa	y? Can you	1	up a	little?	
Bruce:	Oh, yes, so tomorrow.	•	ng about p	hobias, you l	know, ext	reme fear	s. I have an assignment to write by
Sharon:	Wow! That sure I'm ³ _ germs – al	's a ²	to stay				clock at night! I'm tired and I'm not obias about spiders, heights, snakes,
Bruce:	Well, I reali	ze I'm being	J ⁴	, but	I really ne	ed some	help. I missed the lecture last week.
Sharon:	Yeah, but I	t's hard to 5		such a	big subje	t. Can't y	ou borrow someone's notes?
Bruce:	Hmm. I'm he was out	getting on y t today.	our ⁶	,1	'm sorry. I	had ⁷	to borrow Joe's notes but
Sharon:	OK, OK. I'll	help. Can yo	ou show m	e the assigni	ment?		
							/7 (1 point each

	Cr	10056	e tne	correct a	answer.							
	1	l ofter	walk	through the	e fields, <i>lookii</i>	ng / to loc	k at the bi	irds and	d flowers, f	eeling grea	t.	
	2	Jan fo	und a	purse but s	he doesn't kr	now who	/ whose it i	is.				
	3	My frie	end G	uido is so ki	nd. He's alwa	ys send /	sending m	e flowe	ers.			
	4	Did yo	u use	/ used to cli	mb trees whe	en you we	ere a kid?					
	5	Marva	is so /	such busy	that she can't	take on a	any more	clients.				
	6	Why a	re you	ı two arguir	ng with each o	other / an	other? Be l	kind!				
	7	When	I com	e across a p	roblem, I <i>feai</i>	r / tend to	go for a lo	ng wa	lk to think	things over		
	8	My frie	end Pe	eter hadn't e	expected to b	ecoming	/ become t	famous	so quickly			
	9	Of cou	ırse w	e'll help you	on the condi	tion that	unless yo	u help	us.			
1	0	It's ve	ry coo	l watching l	kids interactin	g / to inte	eract with	each ot	her.			
											/10 (1 pc	oint each)
3	Re	ead t	he s	entence:	s. Choose	the co	rrect ar	nswe	r.			
	EX.	AMPLE	The	e movie, wh	nat was incred	dibly bori	ng, really v	vasn't v	worth the r	money.		
		The m	ovie,	which was i	ncredibly bo	ring, reall	y wasn't w	orth th	e money.		✓	
	1	l was	gettin	g error mes	sages on my	compute	r when it c	rashed				
		l was	gettin	g error mes	sages on my	compute	r when it h	ad bee	en crashing	ı.		
	2	You're	very	kind. You're	always think	ing abou	t other pe	ople.				
		You're	very	kind. You're	always think	ing abou	t another ¡	people				
	3	This p	aintin	g is one I pa	inted myself	last sum	mer.					
		This p	aintin	g is one I pa	inted itself la	st summ	er.					
	4	When	ever y	ou feel dow	vn, to come a	nd talk to	me.					
		When	ever y	ou feel dow	vn, come and	talk to m	e.					
											/4 (1 pc	oint each)
ı	Co	omp	lete 1	the conv	ersation v	with th	e word	s in t	he box.			
		annoui	acad	can't take	insisted	might	use to	will	would			
	•	aririoui	iceu	Carritake	insisted	migni	use to	VVIII	would			
	Ra	chel:	Gues	s what? The	ey just 1		that our	plane v	vould be d	elayed.		
	Pe	dro:	You'r	e kidding. A	Again? That's	three tim	es since w	e got h	ere!			
	Ra	chel:	I kno	w. When I w	vent to the ch be taking of						e kids ⁴ that it	ti
			much	n more of th	nis. They're hu	ingry and	l tired.					
	Pe	dro:	I kno	w, but they	5	usua	lly calm do	own if w	we give the	em a snack,	so let's do that.	
	Ra	chel:	Good	d plan. Didn	't there ⁶		be a sn	ack bar	right by G	ate B?		
	Pe	dro:	Yes, t		tely was one	there. I ⁷ _		g	o and chec	k it out if yo	ou keep an eye on	the
											/7 (1 pc	oint each)
											(CER) *.	50

1 Xavi and Alex	(walk) through the park when the storm started.
2 Whenever I	(think) about my hometown, I feel homesick.
3 Right now, I'm just _	(lie) in bed, wishing I could sleep.
4 When we were kids,	ve (play) in the yard all summer long.
5 I dislike arguments, s	o I (will) do anything to have a quiet, peaceful life.
5 I dislike arguments, s	(will) do anything to have a quiet, peaceful life/5 (1 point e
	/5 (1 point e
Choose the corre	/5 (1 point e
Choose the corre	/5 (1 point e
Choose the corre 1 It's least / less import	/5 (1 point e
Choose the corre 1 It's least / less import 2 I'd definitely rather /	/5 (1 point each of the successful than to be kind.

Read the blog post. Then match the statements to Teacher, Fixer or Listener.

Who are you going to call?

Every week on this blog, I write about one aspect of human psychology. For today's post, I thought I'd take a look at three personality types that can help us all out. Each personality type has its own name. The ones I'm posting about here are "teachers", "fixers", and "listeners". Feel free to add your own comments below.

The Teacher Type

Teachers are people who help others. They can assist you whenever you have a problem. Teachers are good at enabling people to make the right decision by giving advice. If you're not sure who to turn to, a teacher is usually more than happy to attempt to guide you. They will often try to steer you away from trouble or conflict. Teachers are also much more likely to weigh the pros and cons of a situation before taking an important decision.

The Fixer Type

Fixers are people who can cope with most things! When life gets tricky, fixers aren't frightened of tackling a problem. So if you find yourself in an awkward situation, call the fixer! They'll assess and identify the situation and find a solution that is beneficial. Fixers are the least likely people to be pessimists. They're often extremely cheerful and they tend always to look on the bright side. A fixer is the person to cheer you up when you're feeling uneasy, tense, or left out of things.

The Listener Type

Listeners make fabulous friends! A listener will always pay attention to your needs and may quietly monitor your moods. Listeners are great people to build relationships with because they're able to act as "best friends" who can get you through frustrating times in your life. Occasionally, listeners may seem to be introverts, but they're very skilled at interacting with other people. They rarely show off or attract attention to themselves.

1	This is someone who is sociable but unlikely to be an extrovert.
2	This is the type of person who helps you avoid difficulties before they begin.
3	Nothing much bothers this type of person.
4	If you want a rational assessment, go to this person.
5	It would be a good idea to talk to this person if you're feeling unhappy.
	/10 (2 Points each

Read the article. Then read the questions and choose the correct answers.

There are certain sounds – like the sound of fingernails on a chalkboard – that nearly everyone finds unpleasant and annoying. That's not all that surprising. But you might be more surprised to learn that for some people even everyday sounds – the sound of someone popping their chewing gum, or the sound of someone typing on their keyboard - can provoke extremely negative emotional reactions. Take "Joe", who says that the sound of a crunching apple is so irritating to him that he literally has to leave the room if someone is eating one. While uncommon, people like "Joe" do exist, and they suffer from a condition called misophonia.

Misophonia is a condition in which certain sounds, called trigger sounds, will provoke negative emotions in a person. In mild cases, the sound might only provoke annoyance. In more severe cases, reactions may extend to panic or even rage. Misophonia is poorly understood. There is no agreement on its exact causes, although most researchers do believe its origins are biological rather than psychological. It also seems that misophonia is most commonly associated with repetitive sounds - the ticking of a clock may be a trigger sound, but a passing train probably would not be.

So what's it like living with misophonia? That partially depends on the severity. Most mild sufferers just learn to live with it. But for people with more severe cases, it can be very disruptive to their professional and personal lives. Imagine if you found the sound of plates and knives so irritating that you couldn't go out to dinner with family or friends, or that minor sounds prevented you from working in an office.

Clearly, misophonia is a serious issue for those who suffer from it, so what are their options? There are no medications to treat the condition and people with mild cases tend to find their own solutions, like wearing earplugs or noise-cancelling headphones when they know they will be exposed to a trigger sound. Some patients have also had luck with exposure therapy, where a patient is intentionally exposed to a trigger sound to help them learn to control or at least cope with their reaction. These treatments can be effective in helping people live with misophonia. A cure, however, remains out of reach.

- 1 What is the purpose of the article?
 - A To evaluate treatments for a medical condition.
 - B To persuade readers of the seriousness of a medical condition.
 - C To educate readers about a medical condition.
- 2 Which of the following is most likely to be a trigger sound for someone with misophonia?
 - A the sound of a leaking faucet
 - B an airplane passing overhead
 - C loud music coming from a neighbor's house
- 3 Which of the following statements is true?
 - A Misophonia is an emotional illness.
 - **B** The cause of misophonia is well known.
 - C Misophonia is linked to physical factors.
- 4 The article states that most people with mild misophonia
 - A seek professional help.
 - B never know they have it.
 - C seek no treatment.
- 5 What does the article say about exposure therapy?
 - A Patients find it unpleasant but it is effective.
 - B It's partially effective for some patients.
 - C It helps some people completely overcome misophonia.

/10 (2 points each)