



Who doesn't have a **headache/hedake**

every now and then?



**Lemon** is a great ingredient. Drink some **lemon juice/memon juice**



with warm water. **Toothache/tuseik**

is awful. For quick relief put



some **vanilla extracts/anilla ekstrakt**

on your tooth. If you



have a **stomachache/stamkeik**

, you should drink **ginger**



**tea/ziznzer ti**

. Natural and tasty **honey/xani**



may



help **sore throats/sop sro**