

Grammar adverbs of frequency

- 6 Listen again and complete the sentences with these adverbs of frequency.

always	never	rarely
often	sometimes	usually

- Norbert's photos are _____ in *National Geographic* magazine.
- He goes to the Arctic once a year and he _____ goes in the summer.
- He's _____ there for a few weeks.
- He _____ goes by snowmobile and by boat.
- He _____ sleeps at night, so he sleeps for part of the day.
- He's _____ bored.

- 7 Work in pairs. Look at the sentences in Exercise 6 and answer these questions.

- Do adverbs of frequency come before or after the verb *to be*?
- Do they come before or after other verbs?

- 8 Look at the grammar box. Complete the scale with *usually*, *often*, and *sometimes*.

ADVERBS OF FREQUENCY

100% ← _____ → 0%
always 1 _____ 2 _____ 3 _____ never

I sometimes go swimming on the weekend.
I often watch TV.
I usually play video games in the evening.

For more information and practice, see page 164.

- 9 Add an adverb of frequency to the sentences so they are true for you. Then work in pairs and tell your partner.

- I work eight hours a day.

- I'm late for school.

- I have a long lunch break.

- I leave home early in the morning.

- I travel to other countries for my vacations.

- I play video games late at night.

Grammar expressions of frequency

EXPRESSIONS OF FREQUENCY

A: *How often does Norbert go to the Arctic?*

B: *He goes once a year.*

A: *How often do you see polar bears in the Arctic?*

B: *Between August and November, you can see polar bears every day.*

For more information and practice, see page 164.

- 10 Work in pairs. Look at the grammar box. Read the questions and answers, and answer these questions (1–2).

- What two words start a question about frequency?
- Where do expressions of frequency (e.g., *once a year*) usually go in a sentence?

- 11 Write *How often* questions and answers for the conversations. Use the information in the parentheses in your answers.

- A: *How often do you go to the gym?* _____?
B: I go to the gym three times a week.
- A: _____?
B: My family goes on vacation once a year.
- A: How often do you drink coffee? (every morning)
B: _____.
- A: How often do you go to the movies? (twice a month)
B: _____.
- A: _____?
B: She has English class every week.

Speaking myLife

- 12 Choose one topic below and prepare five questions with *How often*.

- sports and exercise
- work and travel
- vacations and free time
- evenings and weekends

- 13 Work in groups. Take turns asking and answering your questions.