COMPLEMENTARY ACTIVITY

NURSING CARE IN PEDIATRICS

TOPICS: Suicide attempt, addictions, depression, anxiety, antisocial behaviors, eating disorders.

1. According to what has been studied; relate the concept with the correct definition:

Substance dependence	is an affective situation of sadness greater in intensity and duration, which occurs at this age when there is a combination of symptoms that leads to a change in their behavior and feelings, affecting their normal development.
Suicidal ideation	involves recurrent thoughts and verbalizations of self-injury or self-inflicted death. In children, the understanding of the irreversibility of death is not present before the age of 8 years.
Depression	a set of cognitive, behavioral and physiological symptoms that indicate that the individual continues to use the substance, despite the occurrence of significant substance-related problems.
Eating behavior disorder	alterations in eating behavior, which are associated with a marked dissatisfaction with body image and the performance of behaviors aimed at losing weight, such as excessive physical exercise, fasting, self-induced vomiting, consumption of laxatives, diuretics or slimming pills.

2. Some of the characteristics of depression in children are:

- Having difficulty saying positive things about themselves and blaming themselves for difficulties in their lives.
- They present somatic symptoms: headache, abdominal and musculoskeletal pain, fatigue.
- Children present more mood instability, irritability and tantrums than a depressive mood.
- All the above.

LIVEWORKSHEETS

3. you answer whether it is true or false:

- Tolerance is the need to resort to increasing amounts of the substance to achieve the desired intoxication or effect

- Withdrawal is a maladaptive behavioral change, with cognitive and physiological concomitants, that occurs when the blood or tissue concentration of a substance in an individual decreases.

- Some subjects show a pattern of compulsive use with signs of tolerance or withdrawal. Conversely, some patients show no tolerance to prescribed opioids and do not experience withdrawal.

4. Write down the 4 indicators of antisocial behavior in childhood:

Q	Ñ	U	H	D	T	Ñ	C	Ó	É	F
L	V	Í	W	W	B	H	J	N	R	I
K	G	S	A	D	B	Z	E	Á	E	O
L	Ú	Ü	F	B	D	Q	Ñ	F	Y	L
H	Q	Ñ	Í	C	Y	Ú	G	N	T	T
H	M	S	I	L	A	D	N	A	V	U
Y	T	I	V	I	S	L	U	P	M	I
F	K	D	S	I	M	G	U	Q	Z	L
J	Y	É	J	W	A	M	Ú	C	K	K
É	N	O	P	N	B	Y	Ü	F	Ú	S
P	U	P	E	E	R	A	B	U	S	E

LIVEWORKSHEETS

5. describe the following picture of anorexia nervosa and bulimia nervosa:

https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.shutterstock.com%2Fes%2Fsearch%2Fanorexia-nervosa%3Fimage_type%3Dvector&psig=AOvVaw0M1Hsy8jgZ8W22quhcoAa&ust=1705766293559000&source=images&cd=vfe&opi=89978449&ved=0CBIQjRxqFwoTCOIoIHo6YMDFQAAAAAdAAAAAB4h

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LIVEWORKSHEETS