

The History of Ice Cream

I scream, you scream, we all scream for ice cream!

On a hot sunny day, who would say no to a sweet, ice-cold ice cream?
It would be an exciting treat to find out who invented ice cream.

The first kind of ice cream was made in China almost three thousand years ago. It was a mixture of snow, milk and rice. From China, the recipe spread to Europe. The Emperor Nero of Rome enjoyed a frozen dessert that was a mixture of snow, honey and fruits.

In Asia, the Mughal Emperors used their horsemen to bring snow from the mountains to Delhi (Delhi can get very hot!) The ice was mixed with flavours and was then used in fruit sorbets.

When the Italian duchess, Catherine de Medici married Henry II of France, she brought flavoured sorbet recipes to France. Her Italian chefs created different flavour fruit ice for each day of the wedding celebrations.

Interesting Fact

The first 'refrigerators' were created by mixing salt with ice. Mixing salt with ice reduces the freezing point. You can achieve temperatures lower than -14°C . This was used to keep ice cream frozen.

Ice cream arrived in England from France. King Charles II, built an ice house in the centre of London and was the first British monarch who is known to have eaten ice cream. Until the 1800's ice cream remained a delicacy enjoyed only by the rich.

Ice cream came to America from Europe. In 1832, White House chef Augustus Jackson figured out how to package ice cream in tin cans to distribute to ice-cream parlours. He was named the 'Father of Ice Cream'.

Technological advances made ice cream production possible. In 1843, the ice cream machine was introduced in England and America. This consisted of a wooden bucket that was filled with ice and salt and had a handle which rotated.

Today there are so many different flavours of ice cream, you can pretty much name any flavour and there will be an ice cream of it. The most popular flavours are vanilla, chocolate, strawberry and mint.

What is your favourite ice cream flavour?

Questions

1. Where was the first ice cream made?

- ☐ Rome
- ☐ China
- ☐ Dehli

2. True or False? The ice cream made in China was a mixture of snow, milk and rice.

- ☐ True
- ☐ False

3. Fill in the missing words.

The Emperor Nero of Rome enjoyed eating frozen dessert that was a mixture of _____, honey and fruits.

4. How did they provide ice to the Mughal Emperors in a hot place like Delhi?

5. What method did people use to keep ice cream frozen?

6. According to history, how did ice cream recipes come into France?

7. Find and copy the term used for 'something that is a rare or expensive food'.

8. How did the White House chef, Augustus Jackson, package ice cream? Tick one.

- ☐ on cones
- ☐ in plastic tubs
- ☐ in tin cans

Questions - The History of Ice Cream

9. True or False? The ice cream machine consisted of a wooden bucket that was filled with ice and sugar with a rotating handle.
- ☐ True
- ☐ False
10. What are the most popular flavours of ice cream?
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Answers

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 - ☒ **China**
 - ☐ Dehli
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3. Fill in the missing words.

The Emperor Nero of Rome enjoyed eating frozen dessert that was a mixture of **snow**, honey and fruits.
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The Mughal Emperors used their horsemen to bring snow from the mountains to Delhi.
5. What method did people use to keep ice cream frozen?

They mixed salt with ice to reduce the freezing point which could achieve temperatures lower than -14°C.
6. According to history, how did ice cream recipes come into France?

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