TAKING NOTES ON DETAIL

7 3.4 Listen to the second part of the radio programme. Complete the notes using the words in the box.

avoid	damaged	driving	engines	flying	normal	reduce	wings

Steps you can take to (1)_____ the fear of flying:

- Learn how a plane works – helps you understand planes can fly without the (2)_____ because the (3)_____ push against the air + keep plane flying
- Turbulence is (4)_____ and can only cause an accident if plane is already (5)_____ or during a storm
- Learn where things are on a plane
- (6)_____ disaster movies
- Be realistic – remember (7)_____ is much safer than (8)_____

9 3.4 Listen to the second part of the radio programme again and tick the tips in Exercise 8 which Mark mentions.

1 ☐ Learn how aeroplanes work.
2 ☐ Imagine you are on a bus or train.
3 ☐ Take something to help you sleep on the plane.
4 ☐ Learn the layout of the plane before takeoff.
5 ☐ Go to a psychologist.
6 ☐ Don't watch movies or TV shows about air disasters.

LIVEWORKSHEETS