5.1 Listen to some interviews and choose the best option, A, B or C.

1: What is Lydia's favorite school lunch?

    A. Chicken   B. Salad   C. Both A and B

2: What is Sophie's favorite school lunch?

    A. Chicken salad   B. Fish and chips   C. Chicken and fish

3: Which school lunch does Ben like?

    A. Pasta   B. Burgers   C. Chicken

4: Where does Georgia have lunch?

    A. At school   B. In a café   C. At home

5: What does Georgia say about his dad?

    A. He is not good at cooking.   B. He's a great cook.   C. C) His soup is just OK

5.2. Listen to an interview and choose the best option, A, B or C. (1.20)

1: How much do sumo wrestlers weigh?

    A. More than 140 kilos   B. 130 kilos   C. 200 kilos

2: Their lifestyle is … .

    A. healthy   B. unhealthy   C. long

3: What's their typical day?

    A. They get up early.   B. They train for about 9 hours.   C. Both A and B

4: What do they have for breakfast?

    A. They eat a lot of meat   B. They do not have breakfast.   C. They eat vegetables.

5: When do they eat a lot?

    A. At breakfast   B. At dinner   C. At lunchtime

5.3 Listen to an interview and choose the best option, A, B or C.

1: What do sumo wrestlers have for lunch?

    A. A special dish   B. Vegetables   C. Potato chips

2: What is included in *chankonabe*?

    A. Meat   B. Fish   C. Both A and B

3: How many bowls of rice do they eat?

    A. Four   B. Five   C. Six

4: When do they sleep?

    A. After lunch   B. In the evening   C. In the mor

5: What other foods do they eat?

    A. Some eggs   B. Some desserts   C. Both A and B

5.4 Listen to a conversation and choose the best option, A, B or C.

1: Charlie is … .

    A. fit   B. healthy   C. Both A and B

2: He is also … .

    A. lazy   B. active   C. fat

3: How many hours does he sleep?

    A. Six   B. Seven   C. Eight

4: What does he not like doing at the weekends?

    A. He doesn't like staying in bed.

    B. He doesn't like playing video games.

    C. He doesn't like eating potatoes.

5: What does he like?

    A. He likes watching TV.   B. He likes cooking.   C. He likes going out.

5.5 Listen to a conversation and choose the best option, A, B or C.

1: Conor is … now.

    A. fit   B. healthy   C. Both A and B

2: What is Conor doing?

    A. He's sleeping.   B. He's eating.   C. He's studying for exams.

3: How many hours does he usually sleep?

    A. Four   B. Five   C. Six

4: What does he advise?

    A. Not go to bed late   B. Eat a lot   C. Go to bed late

5: He says you cannot do exams if you're … .

    A. sleepy   B. tired   C. hungry