

HABITS

Match the columns to complete the habits.

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|------------|-------------------------------|
| 1. Sleep ● | ● a shower every day. |
| 2. Eat ● | ● your teeth after each meal. |
| 3. Take ● | ● nine hours each night. |
| 4. Brush ● | ● healthy food. |

Complete the words.



1. t__k__ a sh__w__r



2. __x__rc__s__