

a. Describe actions in progress at a specific time which is either stated or understood

b. Talk about an activity that has recently stopped.

c. Emphasize repetition, duration or the temporary nature of the event

d. Talk and ask about arrangements or plans

e. Describe change and development

f. Describe single or habitual actions, or repeated actions

g. Describe states

1. You've told me that three times today.

2. The weather is changing – it's getting cold again.

3. I think I know what she wants for Christmas.

4. He was cooking his dinner when I phoned.

5. I'm trying to speak to him for weeks.

6. I'm playing tennis with Paul tomorrow.

7. It looks as though it's been raining here.