

Part 2

For questions **9–16**, read the text below and think of the word which best fits each gap. Use only **one** word in each gap. There is an example at the beginning (**0**).

In the exam, write your answers **IN CAPITAL LETTERS** on the separate answer sheet.

Example:

[illegible]

Tree-climbing

Many people will look back on tree-climbing (0) a simple childhood pleasure and a natural test of human strength, stamina and agility. But these days, it has turned (9) a more serious activity and is (10) of the fastest-growing adventure sports in the country.

(11) the invention of expensive gyms with indoor climbing walls, tree-climbing was a cheap and simple way to get a similar type of exercise. These days, if you want to (12) part in an organised tree-climbing activity, you (13) to wear a helmet and attach yourself to ropes in (14) you should lose your footing. But otherwise, tree-climbing is a very eco-friendly sport, involving minimum damage to trees or the environment.

Getting off the ground is perhaps the most challenging part of a climb. (15) that, it's about using your legs, (16) are much stronger than your arms, to drive yourself up the tree. Reaching the top and then abseiling down again is a source of great satisfaction.