


1  Tick the correct variant.

- 1  Wash your hands before meals.
- 2  Eat with dirty hands.
- 3  Eat sweets more often.
- 4  Don't skip breakfast.
- 5  Fruit and vegetables give you vitamins.

- 6  Breakfast isn't important.
- 7  Don't eat sweets before meal.
- 8  Do sport.
- 9  Sport isn't good for your body.
- 10  Brush your teeth three times a day.

2   Match and make up sentences.



1 I wash my hands before meals.