

G used to, be used to, get used to **V** sleep **P** /s/ and /z/

1 GRAMMAR used to, be used to, get used to

a Circle the correct word.

- Before my sister had children, she used to sleep / sleeping for eight hours every night.
- When we moved to Britain from Poland, we weren't used to *drive* / driving on the left.
- Chris got divorced last year, but he soon got used to *live* / living on his own.
- I *used to* / use to know her quite well, but we lost touch after university.
- Max *would* / used to have a beard when he was a student.
- My parents are slowly getting used to *be* / being retired.
- My new job is exhausting. I'm not used to *work* / working so hard.
- Did you use to *play* / playing a musical instrument at school?
- When Lily was a teenager, she *used to* / was used to eat pizza almost every day.
- When I was a child, my mum *would* / was used to read to me every night before I went to bed.

b Complete the sentences with the infinitive or gerund of a verb from the list.

be cook go have live look after
play study talk use

- I used to play basketball quite well when I was a teenager.
- Neil is a chef, so he's used to _____ for a lot of people.
- My sister has got used to _____ in New York now, though she didn't like it at first.
- My grandparents didn't use to _____ a phone when they were first married.
- I don't think I could get used to _____ a total vegetarian.
- When I was a child, my whole family would _____ for a walk every Sunday afternoon.
- Emma has never lived on her own before, so she isn't used to _____ herself.
- Did you use to _____ with music on when you were at university?
- Ben will have to get used to _____ public transport when he starts his new job.
- People used to _____ to friends in person, not online.

c Complete the second sentence so that it has a similar meaning to the first sentence. Use a form of *used to*, *be used to*, or *get used to* and a verb.

- Stephen wasn't so affectionate in the past.
Stephen didn't use to be so affectionate.
- Has working at night become less of a problem now?
Have you _____ at night?
- Rob couldn't sleep because he doesn't normally sleep on a sofa.
Rob couldn't sleep because he _____ on a sofa.
- Chloe wore her sister's clothes when she was a child.
Chloe _____ her sister's clothes when she was a child.
- We have adapted to living in the country very quickly.
We have _____ in the country very quickly.
- In the past, the high street was full of shops, but now many have closed down.
The high street _____ full of shops, but now many have closed down.
- They still don't know how to use the new computer system – they keep making mistakes.
They haven't _____ the new computer system yet.
- I don't normally have breakfast so early.
I'm _____ breakfast so early.



- d Write about things you *used to* / *didn't use to* do as a child and things you're *used to* / *you've got used to* doing these days.



When I was a child...

These days...

2 PRONUNCIATION /s/ and /z/

- a 6.1 Listen and complete the sentences.



- 1 Terry is *used to working* at night.
- 2 We've got _____ in a tiny flat.
- 3 Antibiotics are drugs that are _____ infections.
- 4 I never _____ problems sleeping.
- 5 I _____ a room, but now I have my own.
- 6 A trolley is a small vehicle that is _____ things.

- b 6.1 Listen again. In which sentences is *used* pronounced /ju:zd/ and in which is it pronounced /ju:st/?

- c 6.1 Listen and repeat the sentences. Copy the rhythm.

- d Write the words in the correct column.

bus buzz cause course eyes ice loose lose
peace peas place plays price prize race raise

1 snake	2 zebra
bus	buzz

- e 6.2 Listen and check. Then listen again and repeat the words.

3 VOCABULARY sleep

a Complete the sentences.



- 1 I tried not to yawn _____, but I was tired and I couldn't help it.
- 2 We were cold in bed, so we got a bl _____ from the cupboard.
- 3 She has to wear earplugs at night because her husband sn _____.
- 4 I was feeling sl _____, so I went to bed.
- 5 My grandmother takes sl _____ p _____ to help her to sleep.
- 6 If I get up early, I try to have a n _____ after lunch.
- 7 It was lovely and warm in the bed because there was a nice thick d _____ on it.
- 8 I was so tired that I fell asleep as soon as I put my head on the p _____.
- 9 James has in _____ – he just can't sleep at night.
- 10 It's very hot in the summer where we live, so we only have a sh _____ on the bed.

b Match 1–9 to a–i.

- 1 Our neighbours often keep f _____
- 2 My partner is a light _____
- 3 I didn't hear last night's storm – I always sleep _____
- 4 Before I travel, I often have _____
- 5 On weekdays, I always set _____
- 6 Our children were _____
- 7 Apparently, I used to sleepwalk when I was a child; _____
- 8 I often fall _____
- 9 If you oversleep, _____

- a nightmares about missing my flight.
- b fast asleep by the time we got home.
- c you'll miss your bus.
- d the alarm for seven o'clock.
- e sleeper – the slightest noise wakes him up.
- f us awake with their loud music.
- g asleep during long coach journeys.
- h like a log.
- i one day my mother found me in the garden!

c Complete the questions with the correct form of a verb from the list.

be fall have keep oversleep
set sleep sleepwalk

- 1 Are _____ you a light sleeper, or do you sleep _____ like a log? Why?
- 2 Do you ever _____ nightmares? What about?
- 3 Do you wake up on your own, or do you need to _____ an alarm?
- 4 When was the last time you _____? What time did you wake up?
- 5 How long does it usually take you to _____ asleep?
- 6 Do you know anyone who _____? If so, where do they usually go?
- 7 What sometimes _____ you awake?
- 8 When was the last time you _____ fast asleep and something or someone woke you up?

d Answer the questions in c about you.

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____
- 8 _____