I. Read the text below then answers the following questions.

How Social Media Impacts Young Minds
Social media has become an undeniable force in the lives of young people. From the moment they can grasp a smartphone, children are exposed to a world of vibrant visuals, instant connections, and endless information. While the benefits of social media like staying connected and fostering creativity are undeniable, its impact on young minds is not without its concerns. Here, we delve into three key ways social media can negatively impact the development of young minds.
First, social media platforms are often curated spaces showcasing the highlight reels of others' lives. Young people, especially during crucial phases of identity formation, can easily fall prey to comparing their own realities to these carefully crafted online personas. This constant comparison can lead to low self-esteem, body image insecurity, and anxieties about not measuring up.
Next, the rapid-fire nature of social media content, with its constant notifications, updates, and fleeting trends, can negatively impact young minds' ability to focus and concentrate. The brain gets trained to expect instant gratification and short bursts of information, making it difficult to engage in deep learning or prolonged tasks. This constant barrage of stimuli can also lead to anxiety and restlessness, hindering critical thinking and reflection.
Then, contrary to its promise of connection, social media can ironically lead to social isolation and loneliness among young people. The focus on online interactions can sometimes replace face-to-face communication, hindering the development of important social skills and emotional intelligence. This lack of physical connection can contribute to feelings of isolation and despair, particularly for those struggling with social anxiety or other mental health issues. Furthermore, the curated and often unrealistic portrayal of happiness and success on social media can exacerbate feelings of inadequacy and loneliness, contributing to depression and anxiety among young people.
Social media can be a powerful tool for connection, creativity, and knowledge sharing. However, its impact on young minds requires careful consideration and critical engagement. By acknowledging the potential pitfalls of social media usage and emphasizing responsible online behavior, we can help young people navigate this digital landscape while minimizing its negative impact on their developing minds. Remember, real-world connection, mental well-being, and a healthy self-image are far more valuable than likes and followers in the grand scheme of things.

1. What is NOT mentioned as a potential negative impact of social media on young minds in the text?

A. Distorted self-image and comparison games

B. Improved creativity and communication skills

C. Attention deficit and information overload

D. Social isolation and mental health concerns

2. Which metaphor is used in the text to describe the impact of social media on thinking and concentration?

A. Fast food for the brain

B. Double-edged sword

C. Pandora's box

D. Slippery slope

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3. According to the text, social media can act as an alternative to which of the following for young people?

A. Face-to-face communication

B. Traditional education

C. Physical exercise and outdoor activities

D. Real-world connections and communities

4. Which strategy is NOT suggested in the text to help young people navigate the challenges of social media?

A. Emphasize responsible online behavior and critical thinking skills.

B. Encourage open communication with parents and educators.

C. Limit screen time and promote alternative sources of information and connection.

D. Encourage participation in online communities and virtual social interactions.

5. Which potential benefit of social media is mentioned in the text that could counterbalance some of the drawbacks?

A. Increased exposure to diverse cultures and perspectives

B. Enhanced opportunities for creative expression and collaboration

C. Easier access to educational resources and learning materials

D. Simplified communication and connection with friends and family

6. Considering the emphasis on online interactions, what potential skill development might be neglected on social media?

A. Technical skills and digital literacy

B. Time management and organizational skills

C. Social and emotional intelligence

D. Problem-solving and critical thinking skills

7. Based on the text's arguments, which statement best aligns with its overall perspective on social media's impact on young minds?

A. The benefits of social media far outweigh any potential risks.

B. The negative impacts of social media are significant but can be mitigated through responsible usage.

C. Social media should be avoided entirely by young people to protect their development.

D. The text does not provide a clear stance on the overall impact of social media.

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8. Which slogan best captures the message of a public awareness campaign for responsible social media use, as suggested by the text?

A. "Log Off and Live More!"

B. "Swipe Right for a Better Life!"

C. "Follow Your Dreams, Not Just Feeds!"

D. "Share Everything, All the Time!"

II. Decide which is the statement is True or False.

NO	STATEMENT	TRUE	FALSE
1.	According to the text, social media's impact on young minds is purely positive.		
2.	The "fast food for the brain" metaphor in the text suggests that social media promotes deep learning and critical thinking.		
3.	The text recommends relying solely on online communities for young people's social connection and emotional support.		
4.	Parents and educators are discouraged from discussing online behavior and promoting responsible usage in the text.		
5.	Increased exposure to diverse cultures and perspectives is not mentioned as a potential benefit of social media in the text.		

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