1 **BEFORE YOU READ Discuss in pairs.** Look at the title and the photo. What do you think the reading is about?

2 **LEARN NEW WORDS Find these words in the reading.** Which word is a more general word? Then listen and repeat. 035

breakfast	dinner	lunch	meal

3 **WHILE YOU READ Underline the numbers in the text.** 036

A special Saturday morning breakfast in Turkey

BREAKFAST

ESLWORKSHEETS

DIFFERENT WAYS TO START THE DAY AROUND THE WORLD

What food does your family eat in the morning? What is your favourite breakfast food? Is your meal at breakfast very different from your meal at lunch or dinner? Do you eat the same things as your friends?

Different families around the world have got very different diets. Do you know what people have for breakfast in other parts of the world?

In Malawi, Emily, aged seven, starts the day at six in the morning. She lives with her grandmother and seven other family members. Her breakfast is porridge made from flour. She also has vegetables and drinks tea.

Oyku is nine years old. She's from Turkey. She has brown bread with olives, jam, tomatoes, eggs and a lot of different types of cheese.

Nathanaël is six and he lives in France. From Monday to Friday, Nathanaël has fruit, cereal and bread with his grandmother's homemade jam for breakfast. At the weekends he eats croissants. His favourite food, though, is pancakes (or 'crêpes' in French) with hot chocolate. In France, children drink hot chocolate from a bowl.

Viv, from the Netherlands, is five years old. She has bread with sweet sprinkles on top. This is a very popular breakfast in the Netherlands. The Dutch eat 750,000 slices of bread with chocolate sprinkles every day!

IN FOUR COUNTRIES

4 AFTER YOU READ **Answer the questions.**

1. Who eats a special food at the weekend?
2. Who lives with her grandmother?
3. Who is from the Netherlands?
4. In which country do children drink from a bowl?
5. Where is Oyku from?

5 **Work in pairs.** Find numbers in the text to complete these sentences.

1. There are _____ people in Emily's family.
2. Every day, people in the Netherlands eat _____ slices of bread with chocolate sprinkles.
3. Nathanaël is _____ years old.
4. Emily gets up at _____ in the morning.

6 **Discuss in groups.**

1. Look at the food in the photo. Do you eat similar food? Do you want to try some of the food in the photo? Which food?
2. What do you think we can learn from the text?
3. What differences do you notice between the people in the text?

VIDEO

1 **BEFORE YOU WATCH** **Discuss in pairs.** Which festivals and holidays do you celebrate together with your family? How do you celebrate them?

2 **Work in pairs.** You're going to watch *Celebrating the Dead*. Look at the photo. Why do you think the girls are smiling? Discuss your ideas.

3 **WHILE YOU WATCH**
Circle the things you see.
Watch scene 1.1.

party hats	a book
a guitar	food
flowers	balloons

TIMEWORKSHEET2

Two sisters celebrating Day of the Dead in San Miguel de Allende, Mexico

4 **AFTER YOU WATCH** **Work in pairs to answer the questions.**

1. Where do people celebrate 'Día de los Muertos', or Day of the Dead?
2. When is this festival?
3. What things do people take to their family members' graves on the Day of the Dead?
4. Name three other ways in which people celebrate this day.
5. In which country do people celebrate Tomb Sweeping Day or 'Qingming'?
6. What do families in Japan believe about the festival of 'Obon'?

5 **Work in pairs.** What do you think about these kinds of celebrations? Why do you think some cultures have them? What do you do in your family or in your culture to remember your loved ones?

6 **Work in groups.** Find out more about what people eat during the Day of the Dead celebrations. Make a list.

7 **YOU DECIDE** **Choose an activity.**

1. **Work independently.** Design a costume for a Day of the Dead celebration. Draw a picture of the costume and label it. Explain what the different parts of the costume mean and why you chose them.
2. **Work in pairs.** Choose one of the festivals below and find out more about it. Write a short paragraph about it.
   - Chuseok
   - Gai Jatra
   - Diwali
3. **Work in groups.** Invent your own festival to honour the dead. Decide when it will be and what people should do during the festival. Describe your festival to the class.