

HOW THE BODY WORKS

Taste Tracker

Directions: What are your favorite flavors? Answer these questions about which tastes you like and which you don't.



If I could invent an ice cream flavor it would be: _____

Favorite sweet food: _____

Favorite salty food: _____

Favorite sour food: _____

Favorite holiday food: _____

Food I like, but other kids don't: _____

Favorite fruit: _____

Favorite vegetable: _____

Food everyone likes, but I don't: _____

Food I'd like to try someday: _____

Food I don't like now, but think I will when I'm older: _____

My favorite food as a baby (ask your mom or dad!): _____