

**1. Which pictures show a green lifestyle?**



**2. Read the following text and choose the best title for it.**

1. Green living
2. Green issues
3. Green products

More and more people adopt a green lifestyle. It is a choice we make to change to a greener and more **sustainable** lifestyle. There are many things you can do to become an eco-friendly person. Here are some of them.

**Turning off your appliances when they are not in use**

This is one of the easiest ways to save energy and reduce your carbon footprint. It also helps reduce energy bills and prevent any dangerous situations such as a fire or an explosion.

**Buying products that are grown using more natural **organic** methods**

This helps reduce the use of harmful chemicals in food. Organic food is better for us because it is safer and healthier. It also tastes better.

### **Cutting down on plastic use**

This really helps the environment because it takes many years for plastic waste to break down into small pieces. Bring a reusable bag when you go shopping, and your own refillable bottle instead of buying bottled water.

### **Recycling as much as possible**

This prevents pollution because it reduces the need to collect new raw materials and protects **natural resources** such as water and trees. So don't throw away your used household items, but sort and recycle them.

### **3. Choose the correct meanings of the highlighted words and phrases in the text.**

**1. sustainable**

- a.** causing little or no damage to the environment
- b.** bringing no benefits to the environment

**2. organic**

- a.** without the use of animal organs
- b.** without the use of chemicals

**3. cutting down on**

- a.** reducing
- b.** reusing

**4. natural resources**

- a.** materials supporting life
- b.** materials harmful to life

### **4. Read the text again and decide whether the following statements are true (T) or false (F).**

	<b>T</b>	<b>F</b>
1. Green living is now compulsory for many people.		
2. Turning off electrical appliances is an easy way to save energy.		

3. It takes a long time for plastic waste to break down.		
4. The use of refillable water bottles is not encouraged.		

**5. Discuss the following question.**

*In your opinion, which of the suggestions in the text is the easiest way to live green?*