

## READING

### 1. Read the following text and choose the best title for it.

- Green living (*Sống xanh*)
- Green issues (*Các vấn đề xanh*)
- Green products (*Các sản phẩm xanh*)

More and more people adopt a green lifestyle. It is a choice we make to change to a greener and more **sustainable** lifestyle. There are many things you can do to become an eco-friendly person. Here are some of them.

#### **Turning off your appliances when they are not in use**

This is one of the easiest ways to save energy and reduce your carbon footprint. It also helps reduce energy bills and prevent any dangerous situations such as a fire or an explosion.

#### **Buying products that are grown using more natural **organic** methods**

This helps reduce the use of harmful chemicals in food. Organic food is better for us because it is safer and healthier. It also tastes better.

#### **Cutting down on plastic use**

This really helps the environment because it takes many years for plastic waste to break down into small pieces. Bring a reusable bag when you go shopping, and your own refillable bottle instead of buying bottled water.

#### **Recycling as much as possible**

This prevents pollution because it reduces the need to collect new raw materials and protects **natural resources** such as water and trees. So don't throw away your used household items, but sort and recycle them.

### 3. Read the text again and decide whether the following statements are true (T) false (F).

|                                                                     | T | F |
|---------------------------------------------------------------------|---|---|
| 1. Green living is now compulsory for many people.                  |   |   |
| 2. Turning off electrical appliances is an easy way to save energy. |   |   |
| 3. It takes a long time for plastic waste to break down.            |   |   |
| 4. The use of refillable water bottles is not encouraged.           |   |   |