

Read the text and decide which answer (A, B or C) best fits each space.

Everyone gets a bit (1) and anxious before an exam, but the better prepared you are, the calmer you'll feel. Even if it seems you've got a lot of material to study, you should not let yourself get (2) Staying (3) is very important. If you've planned out a systematic study programme, then you have every reason to be (4) about passing with a good mark. If, on the other hand, you've left everything until the last minute, then you should be (5)

In the exam room ask questions if you are (6) about anything in relation to the exam procedures. Imagine how (7) you would be if you found out, for example, that you had only written one composition and you were supposed to write two. You would be (8) to discover just how many people misunderstand the instructions, often with disastrous results. If you don't know the answer to a question, try not to get (9) Just go on to the next one. It's also not a good idea to get too (10) if you get a question you were really hoping for. Even if you're sure you know what to write, read the question calmly and plan your answer carefully.

1	A nervous	B annoyed	C excited
2	A hopeful	B depressed	C amazed
3	A worried	B upset	C cheerful
4	A nervous	B hopeful	C amazed
5	A annoyed	B worried	C excited
6	A confused	B nervous	C annoyed
7	A cheerful	B frustrated	C excited
8	A cheerful	B amazed	C annoyed
9	A nervous	B hopeful	C frustrated
10	A amazed	B excited	C cheerful