BRITISH COUNCIL

LearnEnglish Teens

Vocabulary: Daily routine

Do these exercises to help you learn words to talk about what you do every day.

1. Check your vocabulary: picture matching

Write the correct verb phrase in the box below the picture.

go to bed	do homework	get up	have breakfast	have lunch	have dinner
brush your teeth	wake up	have a shower	go to work	go home	go to school

			
			
			

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2. Check your vocabulary: matching

Match the vocabulary with the correct definition and write a–j next to the numbers 1–10.

1……..	You do this after a long day and just before you fall asleep.	a.	have dinner
2……..	You do this when your alarm clock goes off in the morning.	b.	go to school
3……..	You do this in the morning because it is the most important meal of the day.	c.	have a shower
4……..	You do this at the dinner table with your family.	d.	go to bed
5……..	You do this to make your body and hair clean.	e.	go home
6……..	You do this after you wake up.	f.	wake up
7……..	You do this so you can meet your friends and learn new things.	g.	have breakfast
8……..	You do this to learn after school.	h.	brush your teeth
9……..	Your dentist will be pleased if you do this twice a day.	i.	get up
10……	You do this in the afternoon when your classes at school have finished.	j.	do homework

3. Check your vocabulary: gap fill

Write the best word to complete the sentences.

1. I usually _____ up at 6.00 a.m. when my alarm clock goes off.
2. I _____ lunch in the school canteen at 1 p.m.
3. In my family we usually _____ dinner at about 6 p.m.
4. My school finishes at 3 p.m. and then I _____ home by bus.
5. On the weekends, I _____ to bed later than on weekdays.
6. My alarm clock goes off at 8 a.m. on Sunday but I don't _____ up until 8.30 a.m.
7. I always _____ my teeth before I go to bed.
8. On weekdays, I _____ to school with my friends at 9.00 a.m.

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4. Check your vocabulary: reordering

Write a number (1–9) to put these actions in the order of a normal day.

.....	have breakfast
.....	get up
.....	wake up
.....	have lunch
.....	go home
.....	go to school
.....	go to bed
.....	do homework
.....	have dinner

Discussion
What time do you wake up on school days?

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