

What is Health?

Use the word bank below to match each term with the correct description.

Social	Environment	Chronic	Prevention
Culture	Risks	Physical	Health
Habit	Wellness	Mental	
Lifestyle	Heredity	Peers	

1. The surroundings or conditions in which a person, animal, or plant lives or operates
2. The state of being in good health, especially as an actively pursued goal
3. A person's mental and physical condition
4. The passing on of physical or mental characteristics genetically from one generation to another
5. Relating to disorders of the mind
6. Expose (someone or something valued) to danger, harm, or loss
7. Relating to the body as opposed to the mind
8. Having an illness persisting for a long time or constantly recurring
9. The way in which a person or group lives
10. A person of the same age, status, or ability as another specified person
11. Relating to society or its organization
12. The customs, arts, social institutions, and achievements of a particular nation, people, or other social group
13. A action of stopping something from happening or arising
14. A settled or regular tendency or practice